



Chicken Apple Breakfast



Forager's



Franklin Frank



Spring Chicken

TRY IT FOR: **BREAKFAST**

Breakfast Link ●

Rosemary and garlic are simmered with honey and grapefruit juice to make a very flavorful sauce that is mixed in. Ginger and nutmeg add to the familiar “breakfast” flavor.

Egg Sandwich // Benedict // Hash

Chicken Apple Breakfast

This is a very approachable sausage that is sweet, soft and subtle. Dried apples are macerated with Milk and Honey’s Heirloom hard cider to bring double the apple flavor.

Waffles or French Toast // Scramble // Hash

Maple Breakfast

Sage, nutmeg and ginger come together with heavy maple sweetness to create this classic American sausage.

French Toast // Potato Pancakes // Hot Dish // Baked Beans

BULK Breakfast Sausage

This sausage has plenty of hand-rubbed sage, the classic herb choice for breakfast sausages. The warming spices of ginger and nutmeg get you going in the morning.

Biscuits and Gravy // Egg Sandwich // Hash // Frittata

BULK Mexican Chorizo

We grind our chiles for each batch using ancho, Anaheim and Chile de árbol. The flavor is a balance of tangy (chiles and vinegar) and earthy (Mexican oregano, cumin and annatto seed).

Scrambles // Tacos // Mussels // Soup

TRY IT IN: **SOUPS AND STEW**

Chicken Italian

Seward Co-op’s classic Italian sausage recipe with chicken! Savory, herbal and plenty of fennel.

White Beans and Kale // Minestrone // Frittata // Stuffed Squash

Forager’s

Made with an assortment of mushrooms, anchovy, hearty herbs, and wine will satisfy the most savory of cravings.

Barley Stew // Biscuits and Gravy // Risotto // Fricassee

Calabrese Italian

An update on our Hot Italian sausage. This version now features fresh Italian herbs and authentic Calabrian peppers. Calabria is the region of Italy known as the “toe of the boot”.

Grilled with Peppers & Onions // Pasta

BULK Mild or “Sweet” Italian

Fennel is one of the spices associated with Italian cuisine. This classic American sausage also has plenty of herbs and a slight sweetness from Beez Kneez local honey.

Ragu // Pizza // Pasta // Stuffed Vegetable Filling

BULK DISCOUNT
ORDER 10 LBS. OR MORE OF YOUR FAVORITE SEWARD-MADE SAUSAGES

CO-OP OWNERS: **10% DISCOUNT**
 NON-OWNERS: **5% DISCOUNT**

PERFECT FOR: **GRILLING**

Franklin Frank

A pork and beef frankfurter hand-linked the old-fashioned way. The mild, warm spices, juicy bite, and slight sweetness from Beez Kneez honey, then smoked over apple and hickory wood, make this one of the best frankfurters.

Mustard and Bun // Mac & Cheese // Potato Salad // Pigs in a Blanket

Beer & Onion Brat ●

Back by popular demand, now made with Fair State Co-op’s Vienna Lager.

Fresh Bratwurst ●

A German-style brat with half & half and eggs with rich, warm and powerful flavor. This brat can stand up to the strongest of mustards.

Sauerkraut // Spätzle // Braised Cabbage // Grilled Kohlrabi

Polish Sausage

Our Polish has three distinct grinds of pork and beef to give it great texture. It’s cured with fresh garlic and well-seasoned with mustard seed and sweet paprika then smoked over cherry and hickory wood.

Maxwell Street-style // Potatoes Au Gratin // Coleslaw // Cabbage Stew

REGIONAL CUISINE

Andouille

An iconic heavily-spiced Louisiana sausage, smoked over mesquite and hickory wood.

Shrimp and Grits // Red Beans and Rice // Gumbo // Jambalaya

Currywurst

It’s really a curried wurst made with an East Indian spice blend, coconut milk and onions. The currywurst, a legendary street food invented in Berlin, is commonly a standard wurst that is drowned in ketchup and curry powder.

Massaman Curry // Dal // Stew // Ketchup and Fries

Lamb Merguez ●

North-African spiced, lamb sausage made with our house-made harissa paste that we create using dried chiles, preserved lemon and lemon vinegar. Wonderful warmth lingers without overpowering the other flavors.

Tagine // Couscous // Baguette and Fries // Shakshouka

Spring Chicken

This light and subtle sausage starts with a classic blend of French herbs (tarragon, parsley and chives) and chopped shallots and garlic, then a hint of Beez Kneez honey is blended with fresh lemon juice. Voilà!

Lentil Salad // Chicken Bouillabaisse // Quiche // Asparagus and Dijon

Vietnamese Giosong

Fresh mint, basil, cilantro and green onions mixed with an herb vinegar and chili sauce come together to create a bright and refreshing flavor profile.

Phở // Spring Rolls // Rice Noodle Salad // Bánh Mì

● Contains wheat ● Contains dairy ● 100% Pork-free