
Strawberry Banana

strawberries, banana,
your choice of orange or apple juice

Nutter Butter

peanut butter, banana, soymilk

Arctic Kiss

strawberries, blueberries, banana, soymilk

Blue Bunny

blueberries, banana, ginger, carrot juice

Ginger Berry

raspberries, banana, ginger, orange juice

Triple Berry

raspberries, strawberries,
blueberries, apple juice

Tropical Escape

orange juice, blueberries,
pineapple, banana

12oz.

3.99

16oz.

4.99

Fuchsia Fixation

pineapple, raspberries, peaches, orange juice

Avo Omega

avocado, blueberries, banana, soymilk,
flaxseed oil, spirulina, honey

Show Me the Whey

whey protein, spirulina, kefir, orange juice,
peaches, banana

12oz.

5.99

16oz.

6.99

5.99

6.99

5.99

6.99

ADDITIONS:

.99

bee pollen

kefir

ginger

cold press

flaxseed oil

spirulina

avocado

protein powder:
whey, soy, hemp

.49

spinach

kale

chocolate

peanut butter

4.99

5.99

SMOOTHIES

Heartbeet

carrot, beet, apple, spinach

12 oz.

5.99

16 oz.

6.99

Cool Cucumber

ginger, lemon, apple, cucumber

5.99

6.99

Go Green

wheatgrass, spinach, kale, celery, cucumber

6.99

7.99

Seward Juice Boost

wheatgrass, ginger, orange, lemon, carrot

6.99

7.99

Lemon Ginger Hot Toddy

lemon, shot of ginger, topped with hot water
add cayenne and/or honey upon request

3.49
(any size)

Wheatgrass Shot

1.99 /oz.

Ginger Shot

2.49 /oz.

FRESH-SQUEEZED CITRUS:

Orange Juice

12 oz.

3.49

16 oz.

4.49

Lemonade

1.99

2.49

CREATE-YOUR-OWN JUICE:

step 1

Choose a base juice:

apple

carrot

celery

4.49

5.49

step 2

Pick your add-ons:

apple

beet

cucumber

ginger

carrot

parsley

orange

lemon

celery

kale

spinach

wheatgrass
(.99)

.49/ea

organic **JUICES**

ESPRESSO

	single	double	
Espresso or Americano	1.49	2.49	
Cappuccino espresso, a little steamed milk, lots of froth	2.49	3.49	
	8 oz.	12 oz.	16 oz.
Red Eye espresso, drip coffee	2.29	2.79	3.79
Latte espresso, steamed milk, a little froth	3.19	3.49	4.19
Breve espresso, steamed half & half	3.69	3.99	4.69
Mocha espresso, steamed milk, chocolate, fresh whipped cream	3.69	3.99	4.69
Miel Latte espresso, honey, cinnamon, steamed milk, a little froth	3.69	3.99	4.69
Flavored Latte espresso, your choice of flavor, steamed milk, a little froth	3.69	3.99	4.69

Coffee
self-serve

Café au Lait
drip coffee, steamed milk

Cold Press

Chai or Matcha Latte
organic chai tea or matcha,
steamed milk

Hot Tea
see tea menu at counter

Iced Tea

Hot Cocoa
organic sweetened cocoa, touch
of vanilla, fresh whipped cream

8 oz.

1.49

12 oz.

1.99

16 oz.

2.49

1.79

2.29

2.79

3.29

3.79

3.19

3.69

4.19

.99

(any size)

.99

1.49

2.49

2.99

3.49

EXTRAS:

Extra Espresso Shot .99

Flavor .49

caramel, vanilla, hazelnut,
agave, maple syrup

Whipped Cream .49

Nondairy Milk no charge

soy, almond, coconut,
pea protein

All coffee is locally roasted,
organic, fair-trade Peace
Coffee.

COFFEE, TEA & MORE