

coop deals®

JUL 15 - AUG 4, 2026

perfectly salted



3.79

Siete
Tortilla Chips
7.5 oz., selected varieties

Heading out to a picnic, up to the cabin or just looking for an afternoon snack? Siete's Maiz Tortilla Chips are the satisfying crunch you're looking for. The co-op has them on sale, so grab a few bags along with salsa, guacamole and any other snacks for your summertime adventures.

INCLUSIVE TRADE PARTNER

Fillo's is a Hispanic-owned company. We create food that was part of the family meals that we enjoyed as kids. We offer a range of reimagined Latin staples that are packed with flavor and nutrients.



2/\$4

Fillo's
Walking Tamales
4 oz., selected varieties



3.99

C2O
Coconut Water
33.8 fl. oz., selected varieties



4.99

So Delicious
Plant-based
Frozen Dessert
1 pt., selected varieties



Good food, warm nights and great memories.

Tasty bites for summer gatherings.



3/\$10

Pop & Bottle Organic Almond Lattes
11 fl. oz., selected varieties

plant-based protein perfected

Packed with 10g of dairy-free protein and no artificial flavors or artificial sweeteners, siggi's plant-based yogurt is thick, creamy and naturally delicious.



3/\$5

Siggi's Plant-based Yogurts
5.3 oz., selected varieties



4.99

Laird Superfood Organic Liquid Creamer
22 fl. oz., selected varieties



Top your yogurt with delicious ingredients.

Look for berries at the co-op!

delicious all-natural Greek yogurt

Crafted with time-honored traditions, this is truly dairy worthy of distinction.



2/\$7

Fage Greek Yogurts
16 oz., selected varieties



5.99

Bellwether Farms Organic Plain Whole Milk Yogurt
32 oz., selected varieties



6.99

Cocojune Organic Coconut Cultured Yogurt
16 oz., selected varieties

Fill the fridge with yogurt from the co-op.

Some items may not be available at all stores or on the same days



crafted to perform



Cultured and churned from organic cashew milk, this chef-loved European-style butter melts, spreads and browns for exceptional cooking performance.



COOPERATIVELY OWNED

5.49

Organic Valley Sliced Cheese
6 oz., selected varieties

4.99

Miyoko's Creamery
Organic Plant Milk Butter
8 oz., selected varieties



Whip up a tasty breakfast sandwich.

Yummy ingredients you love.

good eggs, no shortcuts



Each hen roams 108 square feet of lush pasture with fresh air, sunshine and natural forage. USDA Organic, Certified Humane, from small family farms.

8.69

Vital Farms
Organic Pasture-raised Large Grade A Eggs
1 doz.



3.49

Blue Diamond
Almondmilk
59-64 fl. oz., selected varieties

Start your day with favorites from the co-op.



2/\$4
De La Calle!
Organic Mexican
Sodas
12 fl. oz., selected
varieties



2.29
Forage Kombucha
Organic
Kombucha
12 fl. oz., selected
varieties



7.99
Beyond
Plant-based Sausages
10.6-14 oz., selected varieties



4.39
Upton's Naturals
Seitan
8 oz., selected varieties



5.99
Smart Chicken
Organic Party
Wings
per pound



Fire up the grill and enjoy a meal outside.
Don't forget the sparkly beverages.

organic energy

Kevita Master Brew Kombuchas are an organic natural source of energy with 66mg of clean caffeine. Grab a Master Brew for a boost!

2/\$6

KeVita
Organic Kombuchas
15.2 fl. oz., selected varieties



5.99
Grillo's
Pickles
32 fl. oz., selected
varieties



16.99
Thousand Hills
Ribeye Steak
8 oz.

Hot days call for hot deals from the co-op.



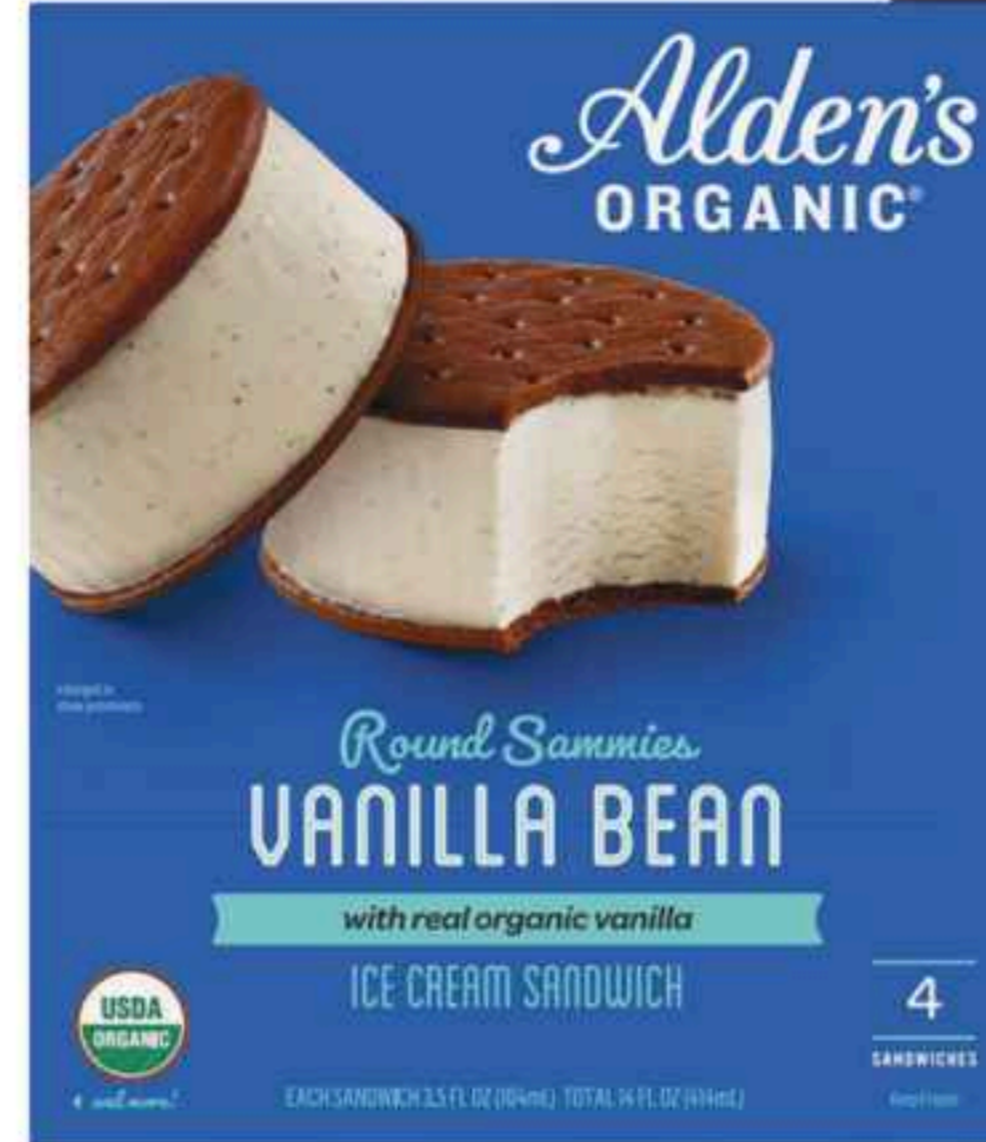
2/\$6
 Nature's Path
 Organic
 Frozen Waffles
 7.4 oz., selected
 varieties



2/\$8
 Cascadian Farm
 Organic Frozen
 Potatoes
 12-16 oz., selected
 varieties



2/\$8
 Cascadian Farm
 Organic Frozen
 Fruits
 8-10 oz., selected
 varieties



summer classics

The classic treats you never stopped loving — made with organic ingredients for a modern take on pure nostalgia.

5.49

**Alden's Organic
 Frozen Novelties**
 9-14 fl. oz., selected varieties



4.49
 Gardein
 Plant-based
 Proteins
 8.1-13.7 oz., selected
 varieties



5.49 Food for Life
 Organic Bread
 24 oz., selected varieties

scoop happiness

Indulge in bold chunks, swirls and unforgettable flavor. Ben & Jerry's turns every scoop into pure joy — crafted for fun-seekers who crave something wildly delicious.

5.49

**Ben & Jerry's
 Ice Cream**
 14.4-16 fl. oz., selected varieties



5.49
 Actual Veggies
 Burgers
 4 pk.-3oz., selected
 varieties



The co-op has frozen staples and sweets.



3.39

Safe Catch
Elite Wild Tuna
5 oz.

everyday EVOO

Crafted from olives sourced from our farms and trusted partner growers worldwide, our Global Blend Extra Virgin Olive Oil delivers a smooth, well-rounded flavor that adds depth and quality taste to everyday cooking.

15.99

California Olive Ranch
Global Blend Extra Virgin Olive Oil
25.4 fl. oz.



bulk up

SCAN TO LEARN MORE

Help the environment by shopping in bulk. You'll be part of the solution for mitigating excess waste. Scan the QR code for more reasons to visit the co-op's bulk section!



INCLUSIVE TRADE PARTNER

Fishwife is a woman-owned company. We aim to make ethically sourced and delicious tinned seafood a staple in every cupboard.



7.49 Fishwife
Smoked Rainbow Trout
3.7 oz.

scoop up the savings in bulk!



2.69
Organic French
Lentils
per pound in bulk,
selected varieties



10.99
Dried Tart Cherries
per pound in bulk,
selected varieties



11.99
Organic Pecan
Halves
per pound in bulk,
selected varieties

Shop the bulk aisle at the co-op.



2/\$6

Annie's
Mac & Cheese
6 oz., selected varieties

*great for
potlucks*

CAPRESE PASTA SALAD

This is the perfect time of year to toss together a summer salad. The recipe calls for fusilli pasta and fresh cherry tomatoes. It's colorful, zesty and delicious — a perfect addition to any BBQ, picnic or potluck.



2/\$4

Flow
Spring Waters
33.8 fl. oz., selected varieties



7.99

Rao's
Pasta Sauce
24 oz., selected varieties

organic Italian pasta



Traditional Italian pastas made from organic durum wheat semolina, bronze-cut for a hearty texture that beautifully holds rich, savory sauces.

2/\$6

Bionaturae
Organic Pastas
16 oz., selected varieties



6.99

Sweetleaf
Sweet Drops
2 fl. oz., selected varieties

The co-op has ingredients for easy meals.



2/\$3 Larabar
Fruit & Nut Bars
1.6-1.7 oz., selected varieties



2/\$4 Thunderbird
Superfood Bars
1.7 oz., selected varieties



2/\$5
Woodstock
Organic Banana
Waters
16.9 fl. oz.



2.99
Pacific Foods
Plant-based
Beverage
32 fl. oz., selected
varieties



3.99
Bionaturae
Organic Fruit
Nectar
25.4 fl. oz., selected
varieties



4.49
Bob's Red Mill
Old Country Style
Muesli
18 oz.



4.39
R.W. Knudsen
Organic Juice
Blend
32 fl. oz., selected
varieties



6.39
Kashi
Cereal
12.7-18 oz., selected
varieties



COOPERATIVELY OWNED
10.99
Equal Exchange
Organic Coffee
10-12 oz., selected
varieties

Never miss your
favorite deals



coop deals.

Download the App!

- Find your closest food co-ops
- See what's on sale
- Never miss your favorite deals

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



5.99
Maranatha
Organic Peanut Butter
16 oz., selected varieties

Download the Co+op Deals app today.



2/\$7

Stacy's Pita Chips
6.75-7.33 oz., selected varieties



1.79

Steaz Organic Tea
16 fl. oz., selected varieties



2/\$7

Hippeas Chickpea Snacks
3.75-5 oz., selected varieties



2/\$7

Uglies Potato Chips
5.5-6 oz., selected varieties



2/\$7

Chocolove Chocolate Bars
2.9-3.2 oz., selected varieties



4.29

Lily's Chocolate Bar
2.80 OZ, selected varieties



4.69

Theo Organic Chocolate Bar
3 oz., selected varieties



5.49

Virgil's Soda
4 pk.-12 fl. oz. bottles, selected varieties



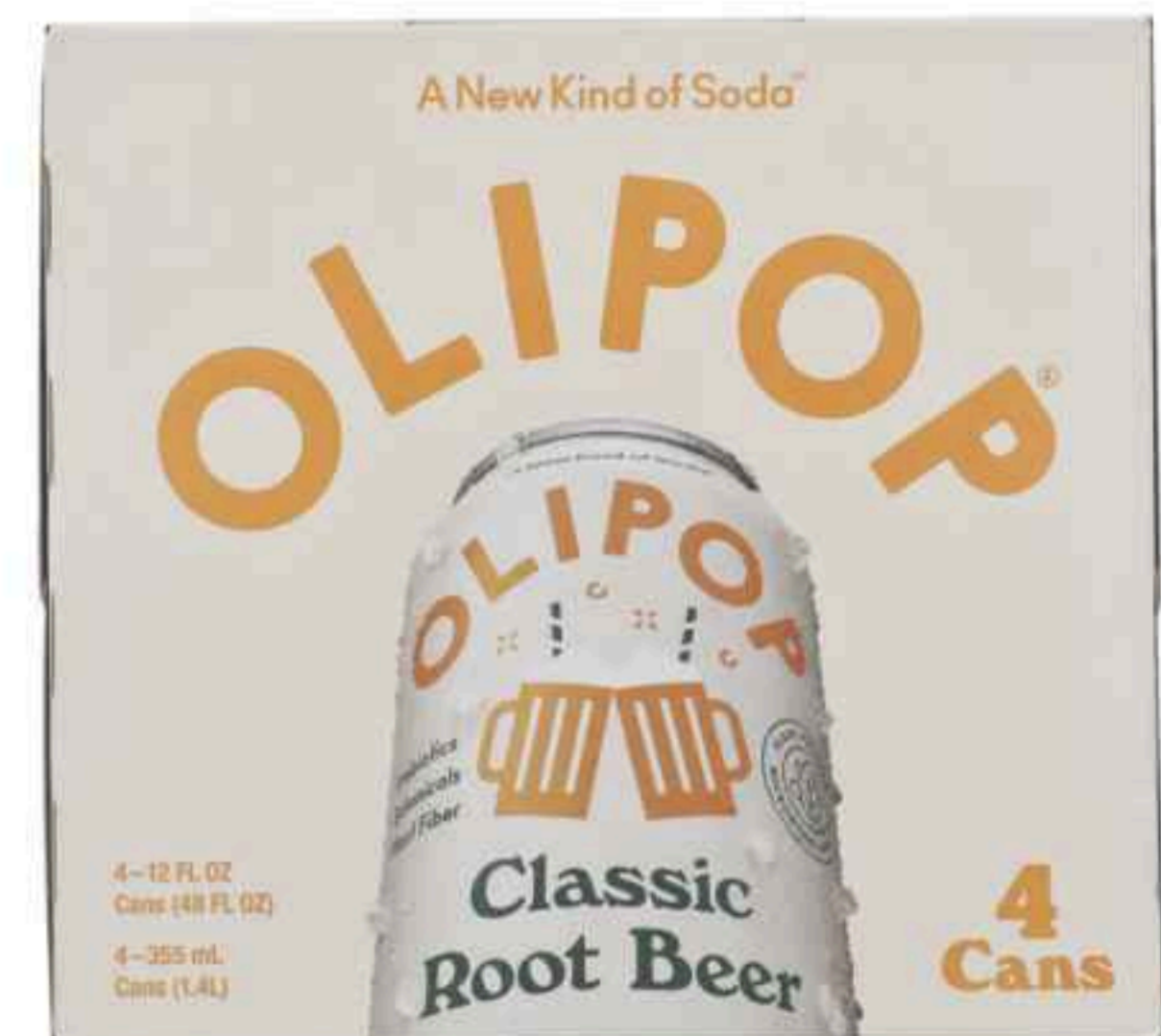
5.99

Zevia Zero Sugar Soda
6 pk.-12 fl. oz. cans, selected varieties



5.99

LaCroix Sparkling Water
12 pk.-12 fl. oz., selected varieties



7.49

Olipop Prebiotic Soda
4 pk.-12 fl. oz., selected varieties

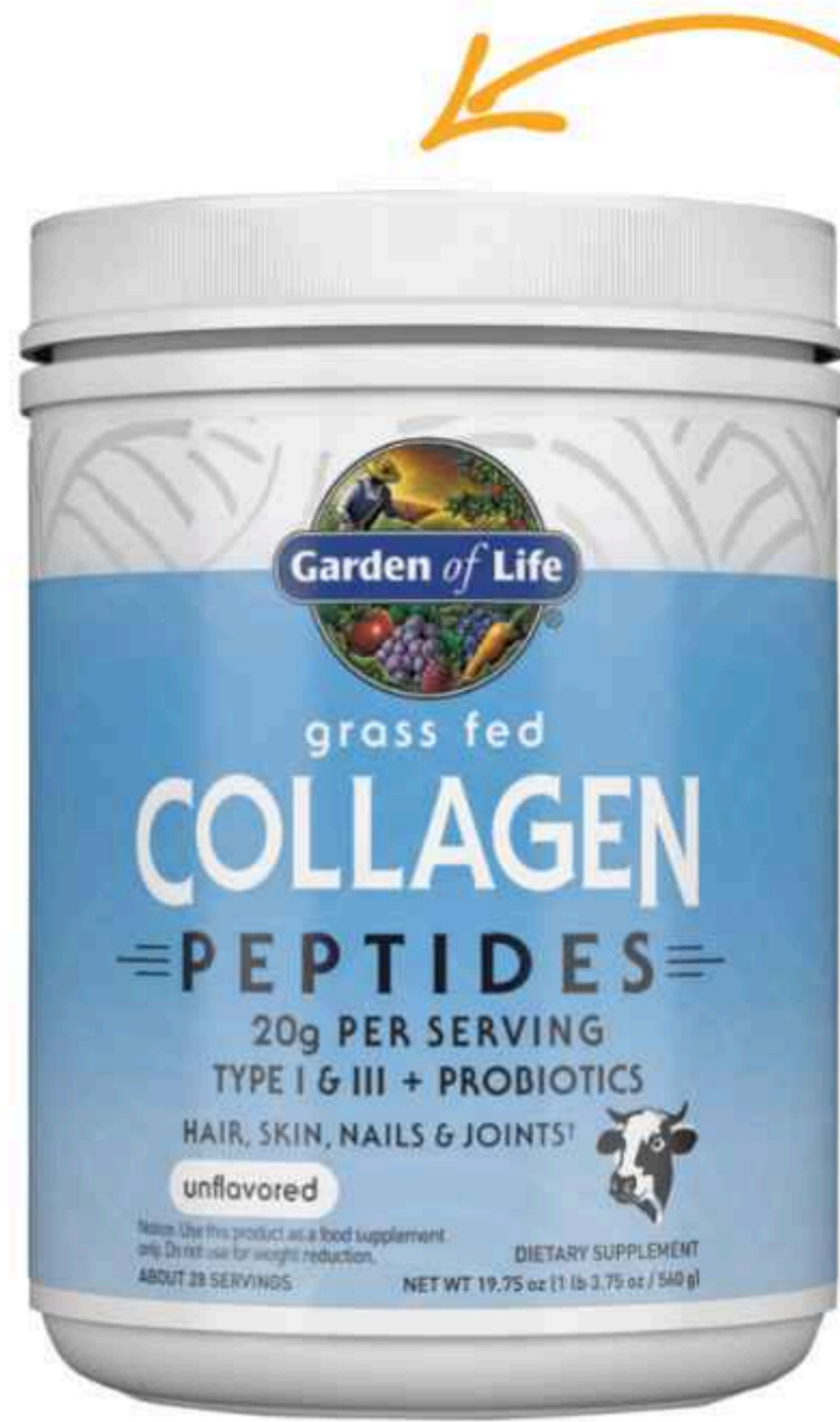


7.49

HOP WTR Sparkling Water
6 pk.-12 fl. oz. cans, selected varieties



Save on snacks and drinks at the co-op.



flow and glow

For locks that flow and skin that glows, choose Garden of Life Grass-fed Collagen Peptides. Supports healthy hair, radiant skin and strong nails, while also supporting joints and mobility.

28.99

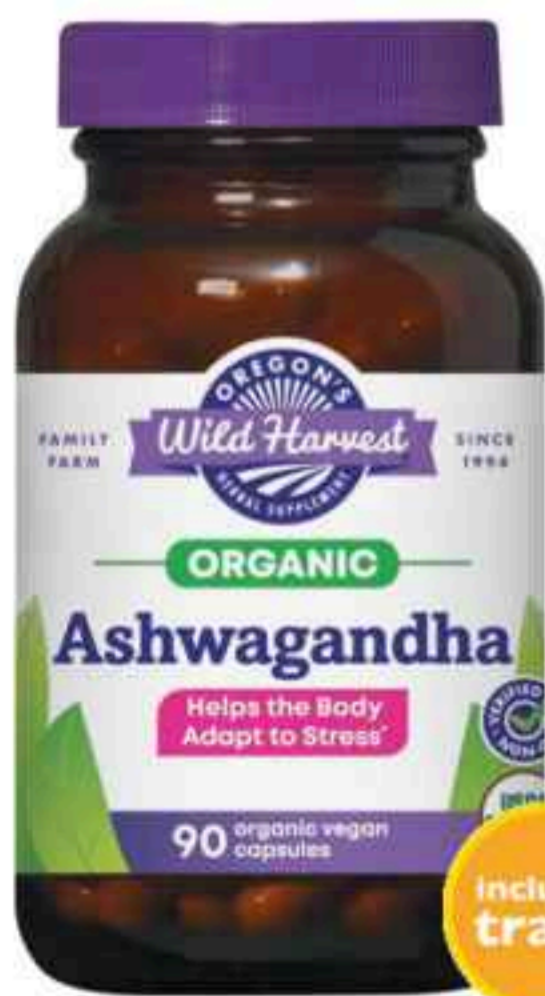
**Garden of Life
Grass-fed Collagen Peptides**
19.75 oz.



Great wellness options at the co-op.
Savings on supplements!

INCLUSIVE TRADE PARTNER

Oregon's Wild Harvest is a woman-owned company. Our family-owned, certified organic and biodynamic farm makes organic herbal supplements.



18.99

**Oregon's Wild Harvest
Organic Ashwagandha**
90 ct.



16.99

**Liquid I.V.
Hydration Multiplier
Drink Mixes**
10 pk.-.56 oz., selected varieties



20.99

**Flora
Super 8 Hi-Potency Probiotic**
30 ct.

INCLUSIVE TRADE PARTNER

Wishgarden Herbs is a woman-owned company. We source organic and sustainable herbs from fair trade and family-owned farms.



16.99

**Wishgarden Herbs
Kick-Ass Immune Activator**
2 fl oz.

Find all your summer supplements at the co-op.

Some items may not be available at all stores or on the same days

inclusive trade

Shop inclusive trade!

We're pleased to offer great deals on brands and products that are women-, People of the Global Majority- (Black/ African American, Brown, Latino/ Latine, Hispanic, Asian, Pacific Islander, Middle Eastern and North African, Indigenous Native American or mixed race), LGBTQIA+-, veterans- or persons with disabilities-owned.

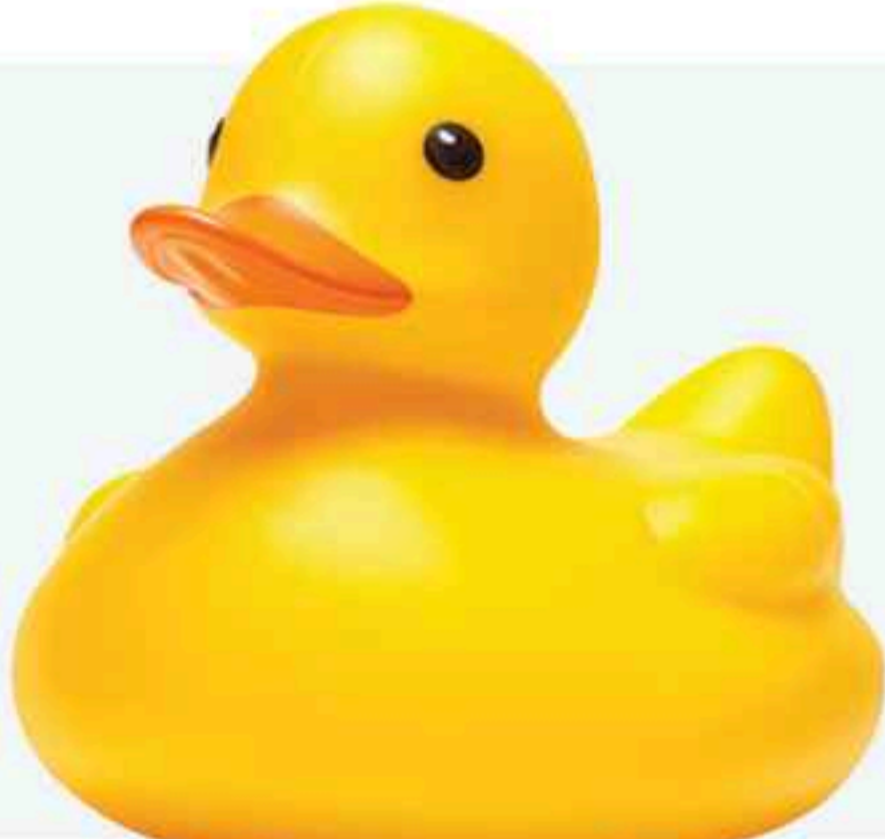
silky hair, reimagined

INCLUSIVE TRADE PARTNER

Giovanni is a veteran-owned company. Our hair products are crafted with botanical ingredients and conscious sourcing. This salon-quality duo elevates your routine with vegan formulas, recyclable packaging and a commitment to cruelty-free, planet-friendly beauty.

6.49

Giovanni
Shampoo or Conditioner
 8.5 fl. oz., selected varieties

Stock up on bath and body care products from the co-op.

Feel fresh and clean.

INCLUSIVE TRADE PARTNER

Kirk's is a woman-owned company. We believe everyone deserves access to natural cleansers and our products are safe for the whole family.



5.39

Kirk's
Castile Bar Soap
 3 pk.-4 oz., selected varieties



2/\$8

DrTung's
Smart Floss
 30 yd., selected varieties



8.99

HiBAR
Deodorant
 2.25 oz., selected varieties

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We are family-owned and operated and create organic body care products with nourishing nutrients.



13.39

Badger
SPF 50 Adventure Mineral
Sunscreen Cream
 2.9 fl. oz.

Shop Inclusive Trade at the co-op.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- Rivers Cooperative Markets
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-ops
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

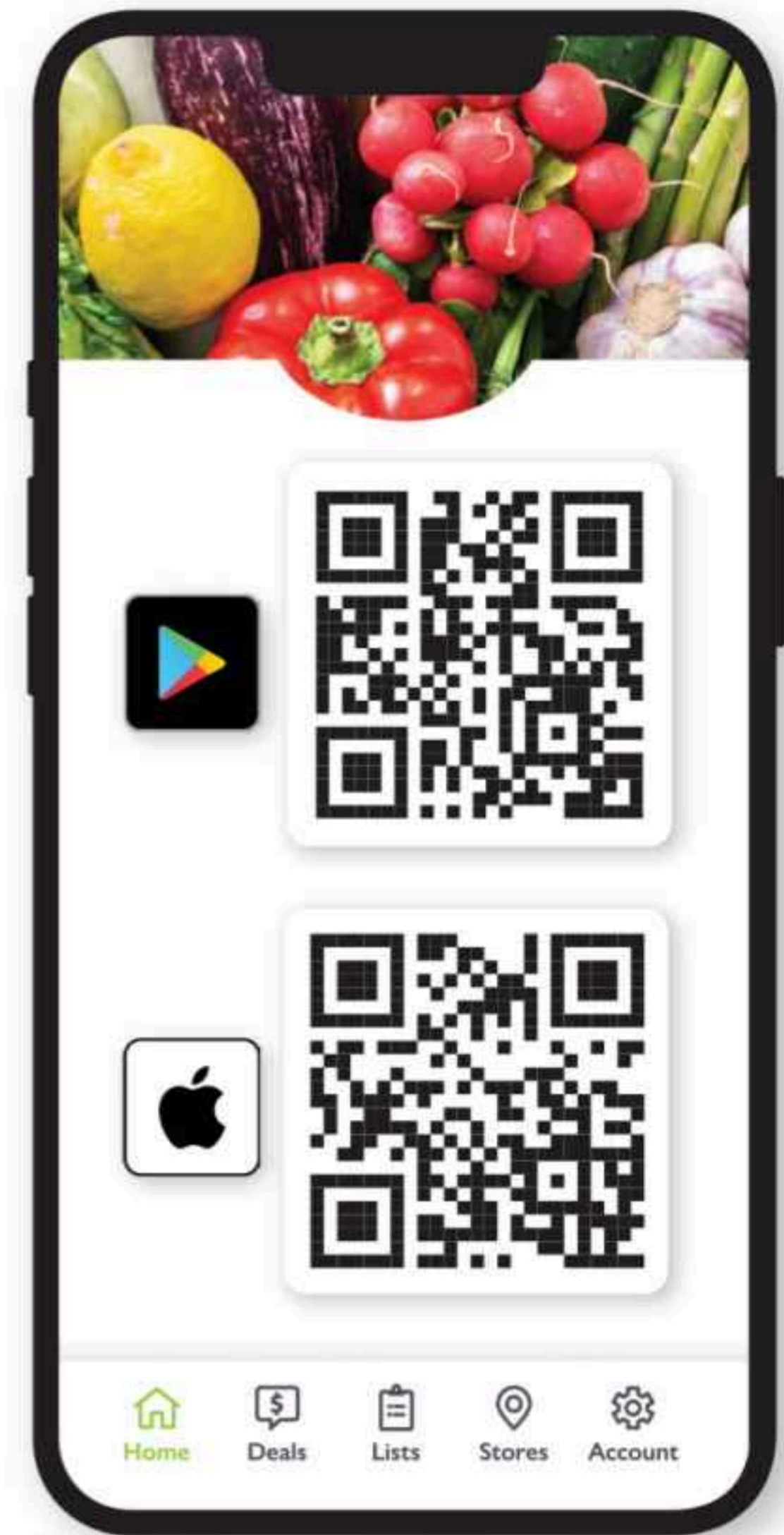
WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals.

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



3.79
Late July Snacks
Organic Tortilla Chips
6-10.1 oz., selected varieties



4.99
Late July Snacks
Salsa
15.5 oz., selected varieties



everyday low price
4.49
Field Day
Coconut Water
33.8 fl. oz.



5.49
JonnyPops
Frozen Novelties
6.72-14.8 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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