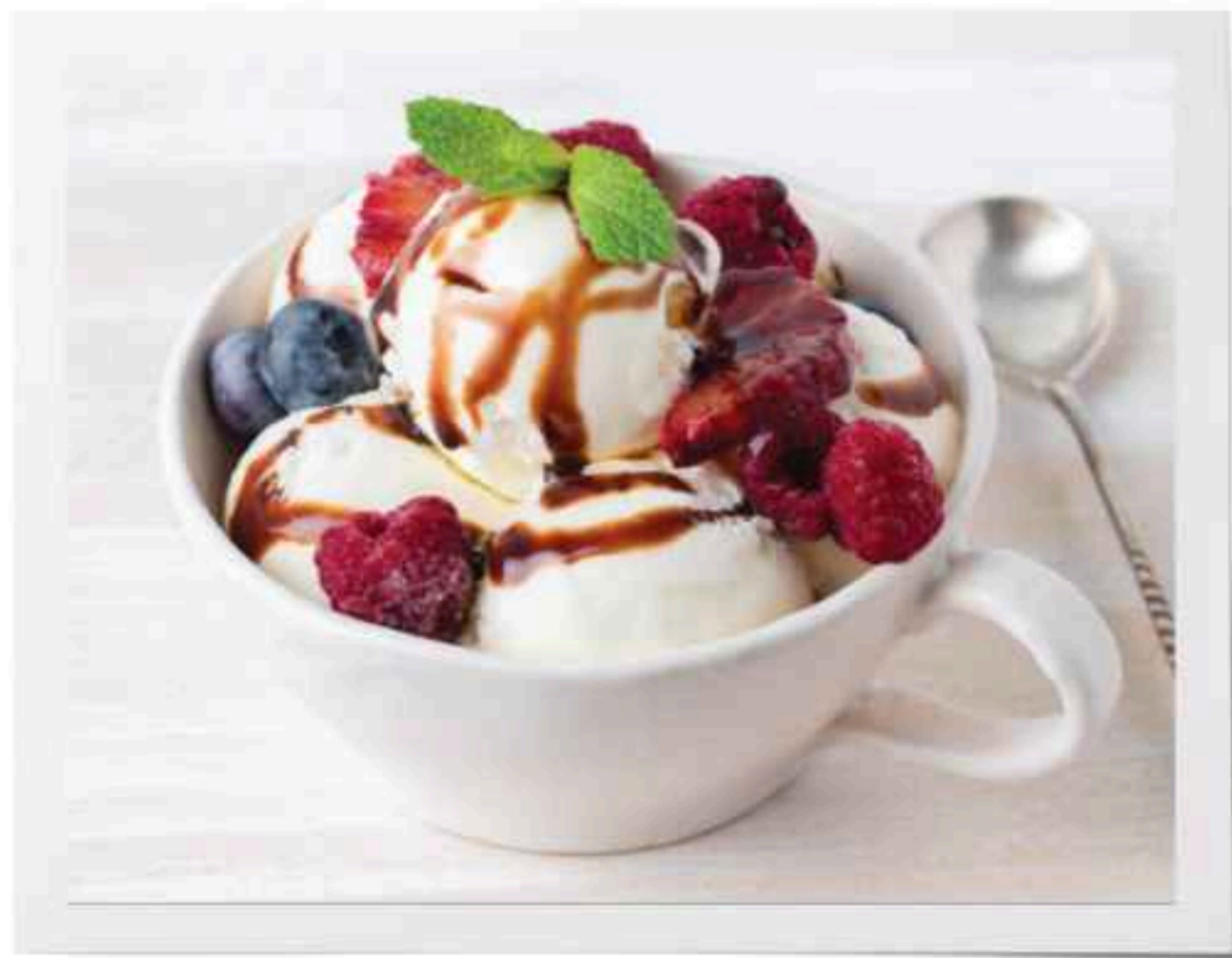


coop deals®

JUL 1 - JUL 14, 2026

spoons for everyone! 



Imagine the delicious possibilities upon opening a pint of Talenti Gelato. Made from fresh milk, sugar and cream, as well as imported vanilla beans from Madagascar, this is the perfect base for sundaes, affogatos, floats or a simple cone. They're on sale at the co-op now — perfect for your next summer treat!



4.49
Talenti
Gelato or Sorbetto
 1 pt., selected varieties

INCLUSIVE TRADE PARTNER

We make on-the-go protein snacks that don't compromise on taste using sustainably sourced proteins with no hidden or harmful ingredients.



2/\$4
Chomps
Meat Sticks
 1.15 oz., selected varieties



2/\$4
Just Ice Tea
Organic Teas
 16 fl. oz., selected varieties



4.49
Dr. Praeger's
Veggie Burgers
 10 oz., selected varieties



The co-op has hot deals.
Sunny summer savings.



5/\$5

**Brown Cow
Whole Milk Yogurts**
5.3 oz., selected varieties

crafted, not complicated



4/\$5

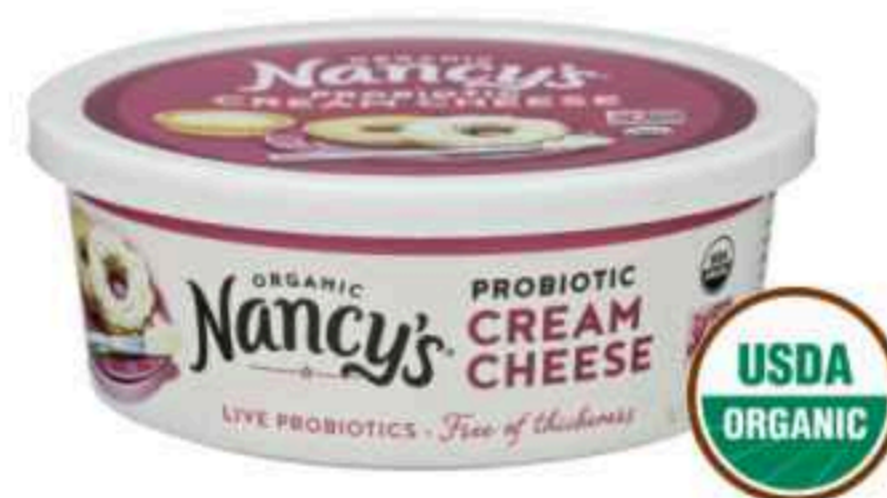
**Siggi's
Skyr Yogurts**
4.4-5.3 oz., selected varieties

With siggi's, what goes in matters. Simple ingredients, no artificial anything — just thick, creamy skyr with real fruit or vanilla and high-quality protein to keep you going.



3/\$5

**Forager Project
Organic
Cashewmilk
Yogurts**
5.3 oz., selected varieties



3.99

**Nancy's
Organic Cream Cheese**
8 oz., selected varieties



3.99

**Rebbl
Organic Plant-based
Shake**
12 fl. oz., selected varieties

Dips > Dinner

Life's too short to settle for boring and bland. That's why our flavors are fresh and bold. Sorry if it ruins other hummus for you.



3.99

**Ithaca
Hummus**
10 oz., selected varieties



4.49

**Oatly
Oatmilk**
64 fl. oz., selected varieties



5.69

**Forager Project
Organic Unsweetened
Plain
Yogurt**
24 oz., selected varieties

The co-op has great deals for healthy mornings.

Some items may not be available at all stores or on the same days

INCLUSIVE TRADE PARTNER

Wildwonder is an Asian- and woman-owned company. We reimagine beverages using gut-healing superfoods, and 5% of our profits go toward empowering women and marginalized communities.

2.69

Wildwonder Organic Pre & Probiotic Sparkling Drink
12 fl. oz., selected varieties



thrill your gut

Probiotically powered, deliciously refreshing Health-Ade Kombucha made with real fruit juice. Say hello to more feel-good-gut days!

2/\$5

Health-Ade Organic Kombuchas
16 fl. oz., selected varieties



2/\$5

Brew Dr. Organic Kombuchas
14 fl. oz., selected varieties



7.99

Bubbies Sauerkraut
25 fl. oz., selected varieties



7.99

Bubbies Pickles or Pickle Chips
25-33 fl. oz., selected varieties



6.99

Wildbrine Organic Sauerkraut
18 oz., selected varieties



6.99

Wildbrine Kimchi
18 oz., selected varieties

flavor ritual

Keep the jar within reach. Crafted with real ingredients and time-honored methods, these fermented favorites bring craveable crunch and briny depth to any meal. Bold, bright flavors made for summer plates, shared moments and effortless upgrades.

Plenty of probiotics are at the co-op.



11.99

**Woodstock
Lump Hardwood Charcoal**
8.8 lbs.

*char-grilled
flavor*

GET YOUR GRILLING TIPS

Grilling goes hand in hand with summer meals. There are plenty of veggies that work well on the grill and, of course, flavorful seafood and meat options. Scan the QR code for grilling tips to help you create a mouth-watering meal.



3.99

**Smart Chicken
Organic
Drumsticks**
per pound



4.99

**Wellshire
Sugar-free Uncured
Turkey Bacon**
8oz., selected varieties



8.99

**Thousand Hills
100% Grass-fed
80/20 Ground
Beef**
16oz.

feel alive and stress free

INCLUSIVE TRADE PARTNER

1,350 mg of adaptogens and nootropics to help support a balanced stress response, along with mood and cognitive function.

2.79

**GT's
Alive Elixir**
16 fl. oz., selected varieties



5.99

**Applegate
Black Forest Ham**
7 oz.

*shop
inclusive
trade*

**inclusive
trade**

Find everything for your next BBQ at the co-op.

Some items may not be available at all stores or on the same days



2.79

Woodstock Organic Frozen Vegetables
10 oz., selected varieties

have a good one →



Good ingredients. Good vibes. A better-for-you treat that still tastes like fun.

4.99

Goodpop Frozen Novelties
9-13.2 fl. oz., selected varieties



4.49

Oatly Plant-based Frozen Dessert
1 pt., selected varieties



4.99

Alexia Frozen Potatoes
15-19 oz., selected varieties



4.99

Udi's Gluten Free Hamburger or Hot Dog Buns
10.4-14.3 oz., selected varieties



5.49

So Delicious Plant-based Frozen Novelties
9.2-18.4 fl. oz., selected varieties



stay cool →

Beat the heat with rich, organic ingredients and creamy texture from responsibly sourced dairy, because summer deserves ice cream that shows up big.

9.49

Alden's Organic Ice Cream
48 fl. oz., selected varieties



8.99

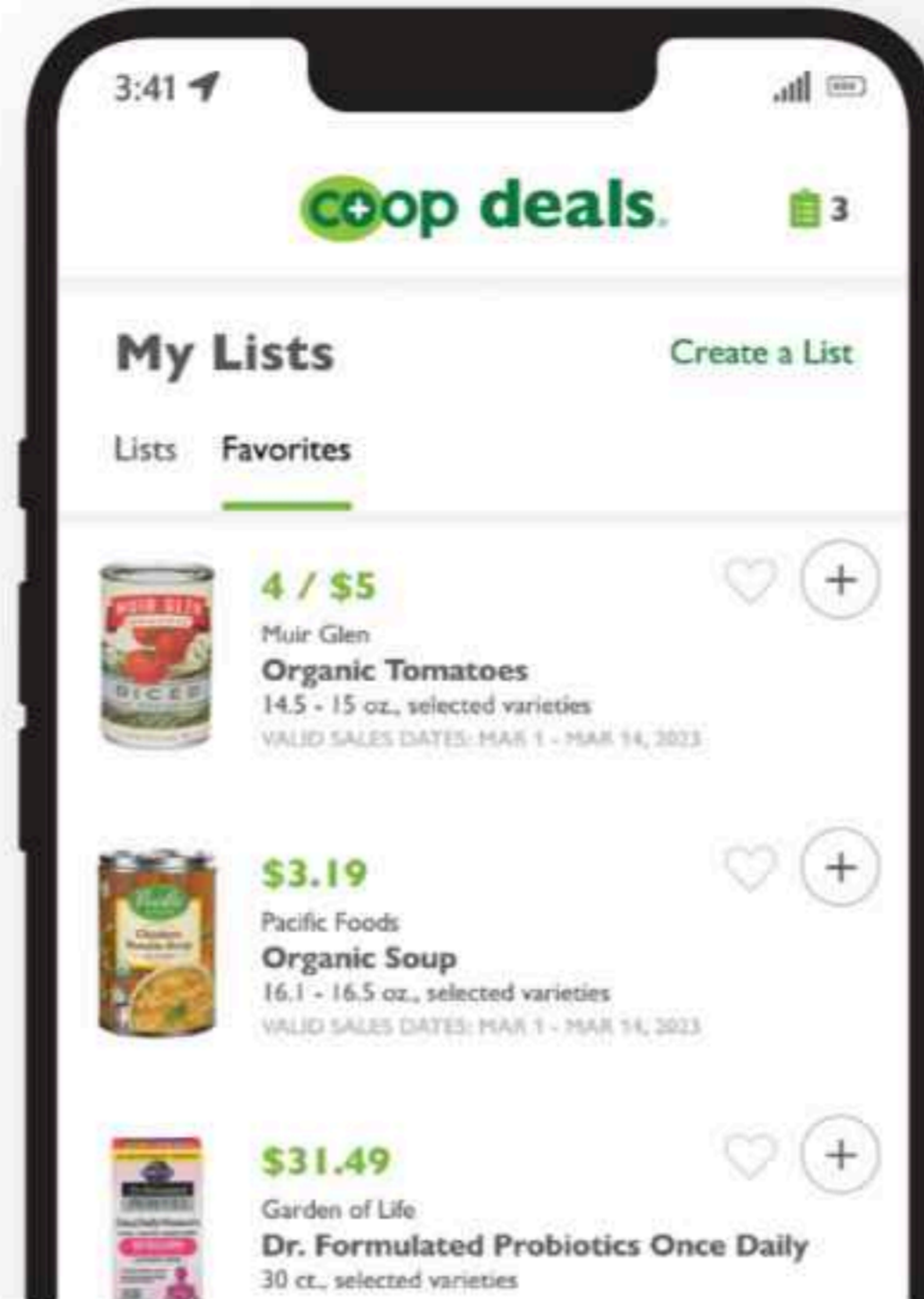
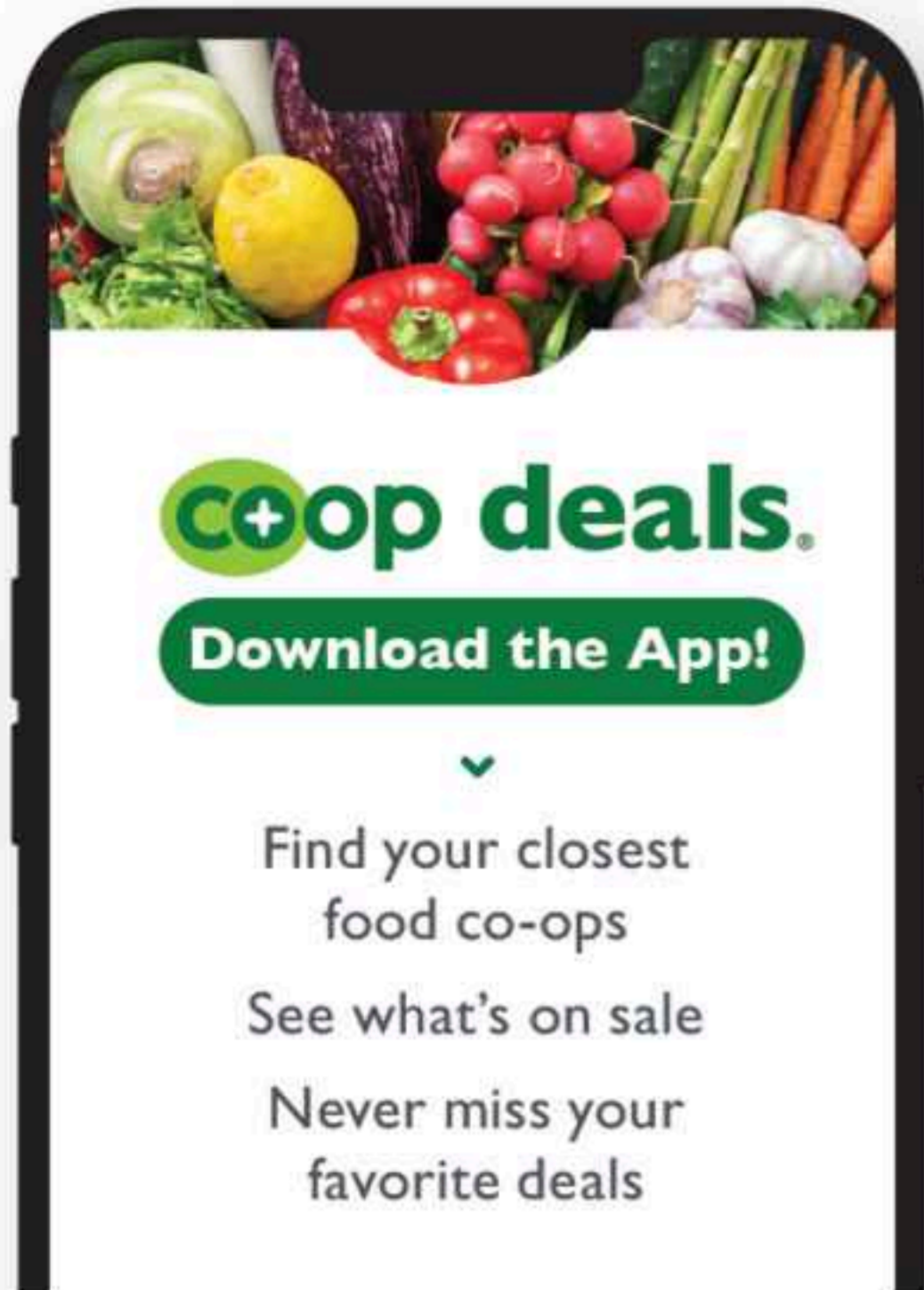
Rao's Brick Oven Pizza
18.3-21.6 oz., selected varieties



Fill the cart with frozen favorites at the co-op.

Some items may not be available at all stores or on the same days

Never miss your **favorite deals**



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



7.39

Bachan's Japanese Barbecue Sauce

15.5-17 fl. oz., selected varieties



4.39

Wild Planet Albacore Tuna

5 oz., selected varieties



3/\$4

KOYO Ramen Packs
2-2.1 oz., selected varieties



8.99

La Tourangelle Cooking Oil

14-16.9 fl. oz., selected varieties



17.99

Spectrum Organic Extra Virgin Olive Oil
25.4 fl. oz.

scoop up the savings in bulk!



2.49

Organic Garbanzo Beans
per pound in bulk, selected varieties



10.99

Organic Dried Mango
per pound in bulk, selected varieties



17.99

Organic Brazil Nuts
per pound in bulk, selected varieties

Download the Co+op Deals app today!



7.49

**Sir Kensington's
Mayonnaise**
12 fl. oz., selected varieties



2.39

**Proud Source
Spring or
Sparkling Water**
25.3 fl. oz., selected
varieties



3.99

**Garden of Eatin'
Taco Shells**
5.5 oz., selected varieties



4.49

**Woodstock
Organic Olives**
8.4-8.5 oz., selected
varieties



2/\$9

**Fever Tree
Mixers**
4 pk.-6.8 fl. oz., selected
varieties

COOPERATIVELY OWNED



6.49

**Simply Organic
Garlic Powder**
3.64 oz.



11.99

**Woodstock
Organic Peanut
Butter**
35 oz., selected varieties

good for feeling good



B-Corp certified Vita Coco has 3.5 times the electrolytes vs. the leading sports drink, offering a better-for-you, planet-friendly alternative to traditional sports drinks.

4.39

**Vita Coco
Coconut Water**
33.8 fl. oz., selected varieties



7.99

**Primal Kitchen
Mayonnaise**
12 fl. oz., selected varieties

It's a great day for delicious food from the co-op.

*always organic,
Nature's Path*

Nature's Path is run by parents, not a parent company. We are an independent, family-owned business committed to organic foods for your family. Healthy, organic soil captures more carbon from the atmosphere and can help reverse climate change. GO ORGANIC!



4.39
Nature's Path Organic Cereal
9.5-14 oz., selected varieties



4.99
Nature's Path Organic Love Crunch Granola
11.5 oz., selected varieties



5.69
Nature's Path Organic Honey Almond Granola
11 oz., selected varieties



3.69
Nature's Path Organic Toaster Pastries
6 pk.-1.8 oz., selected varieties



2/\$5
Blue Diamond Almondmilk
32 fl. oz., selected varieties



5.99
Kind Breakfast Bars
6 pk.-1.76 oz., selected varieties



11.99
Peace Coffee Organic Coffee
12 oz., selected varieties

energize, sustain and nourish

Baked with delicious, wholesome ingredients and purposefully crafted with a blend of protein, fat and carbs to keep you moving.

2/\$3

Clif or Luna Nutrition Bars
1.69-2.4 oz., selected varieties

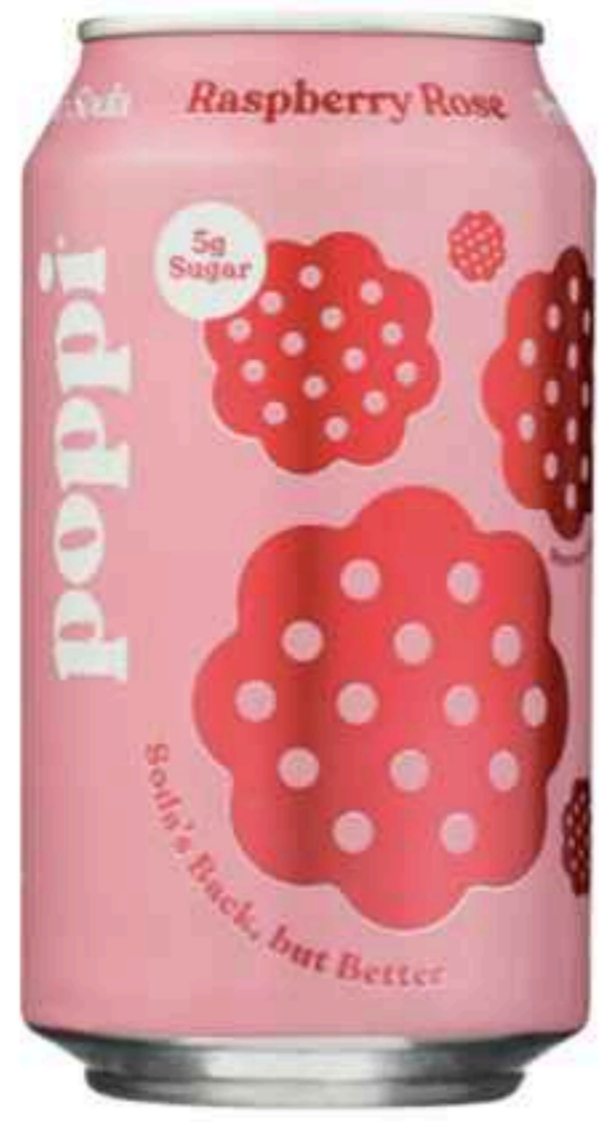


COOPERATIVELY OWNED



12.99
Equal Exchange Organic Coffee
per pound in bulk, selected varieties

The co-op has breakfast options for everyone.



2/\$3

Poppi
Prebiotic Sodas
12 fl. oz., selected varieties



2.99

Angie's
Boomchickapop
Popcorn
4.4-6 oz., selected varieties



2/\$6

Mary's Gone Crackers
Organic Original Crackers
4 oz., selected varieties



2/\$7

Frontera
Salsas
16 oz., selected varieties



2/\$8

Tcho
Organic Chocolate
Bars
2.1 oz., selected varieties



5.29

Pamela's
Figgies & Jammies
9 oz., selected varieties



everyday low price

6.99

Field Day
Roasted Almonds
12 oz., selected varieties

made with avocado oil →

Pioneers within better-for-you oils, Boulder Canyon delivers on taste with a smooth, buttery finish and texture.

3.29

Boulder Canyon
Potato Chips
5.25-6.5 oz., selected varieties



2/\$7

Unique Snacks
Pretzels or Puffzels
4.8-11 oz., selected varieties

Snacks for summer fun are at the co-op.



4.99
Green Mountain
Gringo
Salsa
16 oz., selected varieties



2/\$7
Terra
Vegetable Chips
5 oz., selected varieties



4.99
Kettle Brand
Potato Chips
13 oz., selected varieties



4.49
Mi Niña
Tortilla Chips
12 oz., selected varieties



6.99 Spindrift
Sparkling Water
8 pk.-12 fl. oz., selected varieties



6.49 Waterloo
Sparkling Water
12 pk.-12 fl. oz., selected varieties

snack happy

Great for the beach, picnics, BBQs, road trips and more! Enjoy plenty of great deals at the co-op from **The Good Crisp Company!** Try all of our amazing snacks: Crisps, Cheese Balls and Crinkle Cut snacks the whole family can crunch on!



2.79
The Good Crisp
Cheese Balls
4 oz., selected varieties



2.79
The Good Crisp
Potato Chips
5.5 oz., selected varieties



2/\$6
The Good Crisp
Potato Crisps
5.6 oz., selected varieties

Fill your picnic basket with snacks from the co-op.



7.99

Avalon Organics Shampoo or Conditioner 11 fl. oz., selected varieties



15.99

Ultima Replenisher Electrolyte Powder 3.4-3.9 oz., selected varieties



39.99

Ancient Nutrition Bone Broth Protein Powder 15.7-17.8 oz., selected varieties



3.49

Lily of the Desert 99% Aloe Vera Gelly 4 oz.



5.99

Davids Toothpaste 4-5.25 oz., selected varieties



10.69

Life-Flo Pure Magnesium Oil 8 fl. oz.



7.99

Everyone 3-in-1 Soap 32 fl. oz., selected varieties



15.99

Bach Rescue Remedy .7 fl. oz., selected varieties



17.99

Om Organic Lion's Mane Mushroom Powder 3.5 oz.



everyday low price

9.99

Field Day Jumbo Roll Paper Towels 6 ct.

Summer wellness and body care are at the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market

NEBRASKA

- Keweenaw Co-op Market & Deli
- Marquette Food Co-op
- Oryana Community Co-op
- People's Food Co-op – Ann Arbor
- PFC Natural Grocery & Deli
- Ypsilanti Food Co-op

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- Rivers Cooperative Markets
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-ops
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

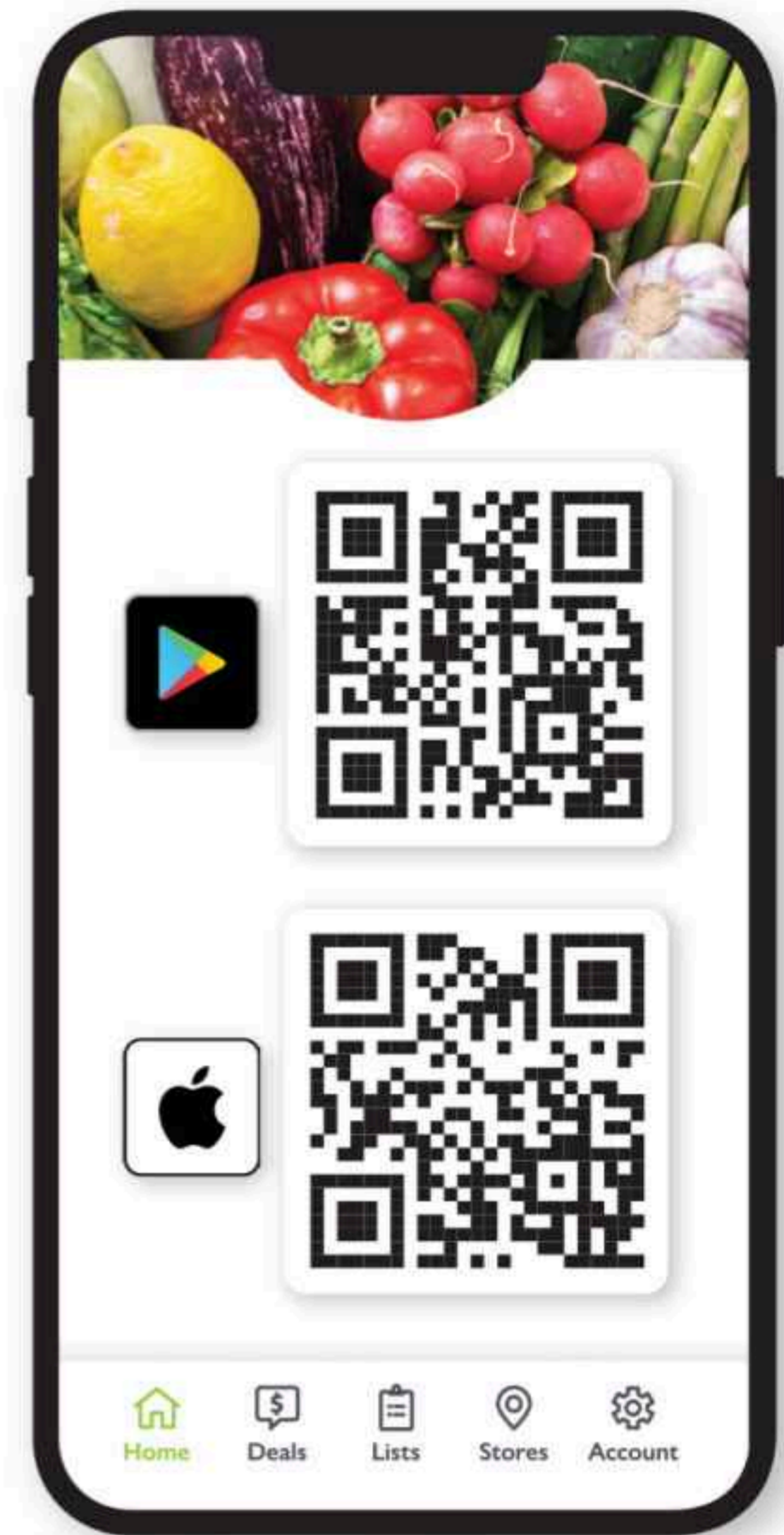
WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals.

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



8.99

**Alba Botanica
SPF 50 Sheer
Mineral Face
Sunscreen Lotion**
2 fl. oz.



9.69

**Alba Botanica
SPF 30 Sheer
Mineral Face
Sunscreen Lotion**
3 fl. oz.



9.69

**Alba Botanica
SPF 50 Sheer
Mineral Face
Sunscreen Lotion**
3 fl. oz.



11.69

**Alba Botanica
SPF 30 Sheer
Mineral Face
Sunscreen Spray**
5 fl. oz.

*sheer mineral
sun protection*

Alba Botanica Mineral SPF 30 and 50 Sunscreen delivers powerful UV protection in hypoallergenic, mineral-based formulas. Nourishing sunscreen lotions and air-powered sprays apply evenly with no white cast. Water-resistant up to 80 minutes. Fragrance free, non-comedogenic and dermatologist tested.



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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