

coop deals

FEB 18 - MAR 3, 2026

*ripened with
sunshine*

Make a hearty dish with Bionaturae's strained tomatoes, like homemade pasta, soup or pizza. Flavorful and satisfying, it's easy to add a variety of options that are perfect for the winter months. These tomatoes are grown in Italy and are 100% organic.



2/\$7

**Bionaturae
Organic Tomatoes**
24-28.2 oz., selected varieties



2/\$3

**Solely
Organic Fruit
Jerkies**
.8 oz., selected
varieties



2.39

**San Pellegrino
Sparkling Mineral
Water**
25.3 fl. oz.



2/\$6

**Cascadian Farm
Organic Frozen
Vegetables**
10 oz., selected
varieties



2/\$7

**Stacy's
Pita Chips**
6.75-7.33 oz., selected
varieties



3.99

**Late July Snacks
Organic Tortilla
Chips**
7.4-10.1 oz., selected
varieties









4.49


**Petit Pot
Organic French
Dessert**
2 pk.-4 oz., selected
varieties



Warm and comforting.


Winter meals start here.

	2/\$4 Icelandic Provisions Skyr Yogurts 4.4-5.3 oz., selected varieties		2.49 Smart Chicken Whole Chicken per pound		4.69 Oatly Oatmilk 64 fl. oz., selected varieties
	4.79 Ripple Plant-based Milk 48 fl. oz., selected varieties		5.39 Colamecos Prosciutto 3 oz., selected varieties	<div>COOPERATIVELY OWNED</div>  <div>5.69 Organic Valley Large Free-range Brown Eggs 1 doz.</div>	



Begin the day with fresh options.

Delicious and creamy.

<div><i>simple ingredients and protein rich</i></div> 		<p>FAGE is a delicious all-natural Greek strained yogurt. This is Greek yogurt that doesn't compromise on taste or texture. Good things start here.</p> <div>3/\$4</div> <p>Fage Greek Yogurts 5.3 oz., selected varieties</p>	<div>COOPERATIVELY OWNED</div>  <div>6.49 Organic Valley Stringles 8 oz.</div>
			 <div>8.99 Wellshire Dry Rub Uncured Pork Bacon 12 oz.</div>

Brighten your mornings with deals from the co-op.

Some items may not be available at all stores or on the same days



study session meals

CONVENIENT AND DELICIOUS

When you're plugging away at writing a paper, studying for an exam or trying to get caught up on homework, don't neglect your nutritional needs. The co-op has a variety of options for busy students so your next mealtime doesn't have to be time consuming or stressful.



3/\$7 Evol
Burritos
5-6 oz., selected varieties



2/\$9
Gardein
Plant-based Protein
8-13.7 oz., selected varieties



5.99
Ben & Jerry's
Ice Cream or
Non-dairy
Dessert
14.4-16 fl. oz., selected
varieties



5.99
Udi's Gluten Free
Sandwich Bread
12 oz., selected varieties



7.99
Cappello's
Grain-free Pizza
11-12 oz., selected
varieties



11.99
Wyman's
Wild Blueberries
3 lb.

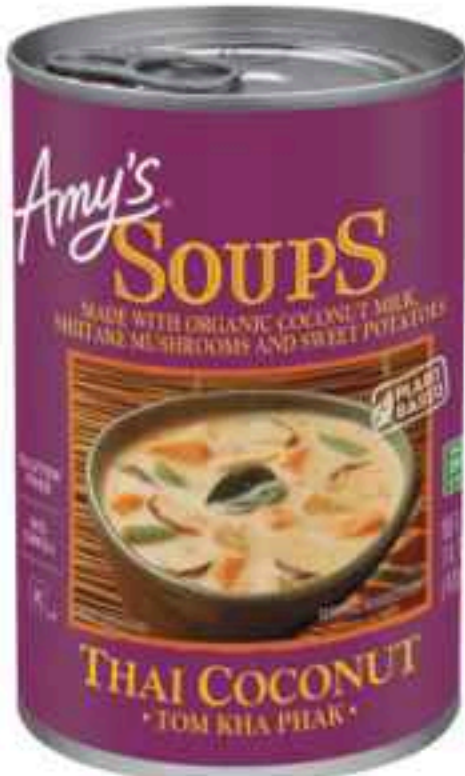
Fill the freezer with options from the co-op.



2.99
Native Forest
Organic
Coconut Milk
13.5 fl. oz., selected
varieties



2/\$6
Goodles
Macaroni &
Cheese
5.25-6 oz., selected
varieties



3.99
Amy's
Soup
13.65-14.7 oz.,
selected varieties



5.39
Maille
Mustard
7-8.9 oz., selected
varieties



Scoop up great deals at the co-op.
Save big when you shop bulk.



8.99
Momofuku
Chili Crunch
5.3-5.5 oz., selected
varieties



COOPERATIVELY OWNED
10.49
Equal Exchange
Organic Coffee
10-12 oz., selected
varieties

scoop up the savings in bulk!



2.99
Organic Green
Lentils
per pound in bulk



5.49
Walnuts
Halves &
Pieces
per pound in bulk



5.99
Organic Turkish
Apricots
per pound in bulk

Find ingredients for new recipes at the co-op.



4.99
Ocean's Halo
Organic Broth
32 fl. oz., selected
varieties



6.49
Rao's
Pasta Sauce
24 oz., selected varieties



2/\$7
Montebello
Organic Pastas
16 oz., selected varieties



Find recipes for cold winter days.
Visit grocery.coop for ideas.



deliciously inspired

Stock your pantry with delicious organic soups and broths from Pacific Foods. Pacific soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.

3.99
Pacific Foods
Organic Soup
16.1-16.6 oz., selected varieties



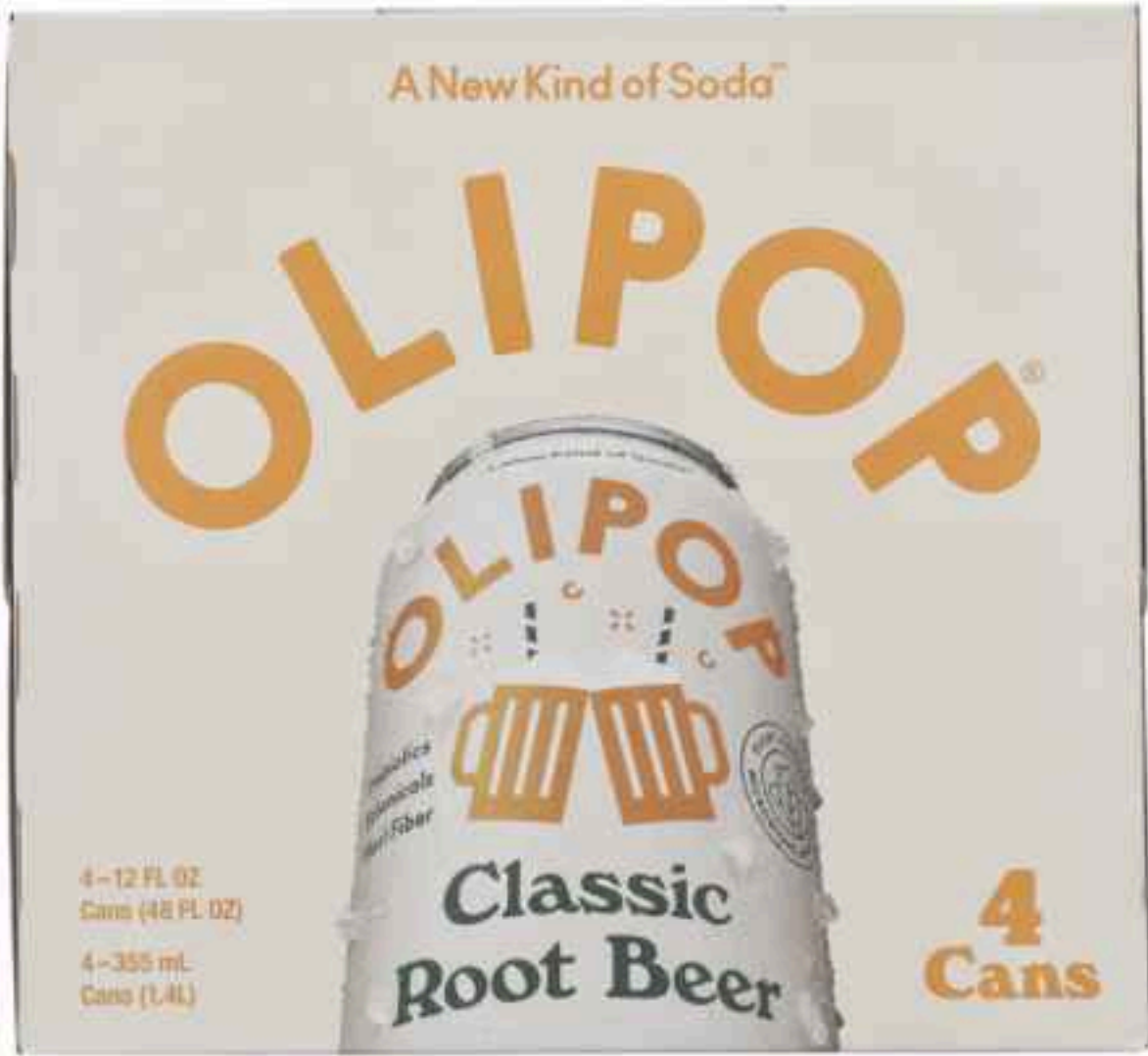
7.99
Lucini Italia
Organic Pasta
Sauce
24 oz., selected varieties



12.99
Primal Kitchen
Pure Avocado
Oil
16.9 fl. oz.

The co-op makes weeknight meals easy.

Some items may not be available at all stores or on the same days



7.49
Olipop
Prebiotic Soda
4 pk.-12 fl. oz., selected varieties



9.99
R.W. Knudsen
Organic Just Juice
32 fl. oz., selected varieties



5.49
Lakewood
Organic Juice
32 fl. oz., selected varieties



5.99
Grandy Organics
Grain-free Coconola
9 oz., selected varieties



Looking for something to munch on?
Find snacks at the co-op.

set the
bar higher



Tasty bars for everyone with plant-based goodness you'll love. Our bars are purposefully crafted to meet your needs.

2/\$3
Clif
Luna Nutrition Bars
1.69 oz., selected varieties



2/\$4
Clif
Nut Butter or Builders Protein Bars
1.76-2.4 oz., selected varieties



3/\$5
Clif
Nutrition Bars
2.4 oz., selected varieties

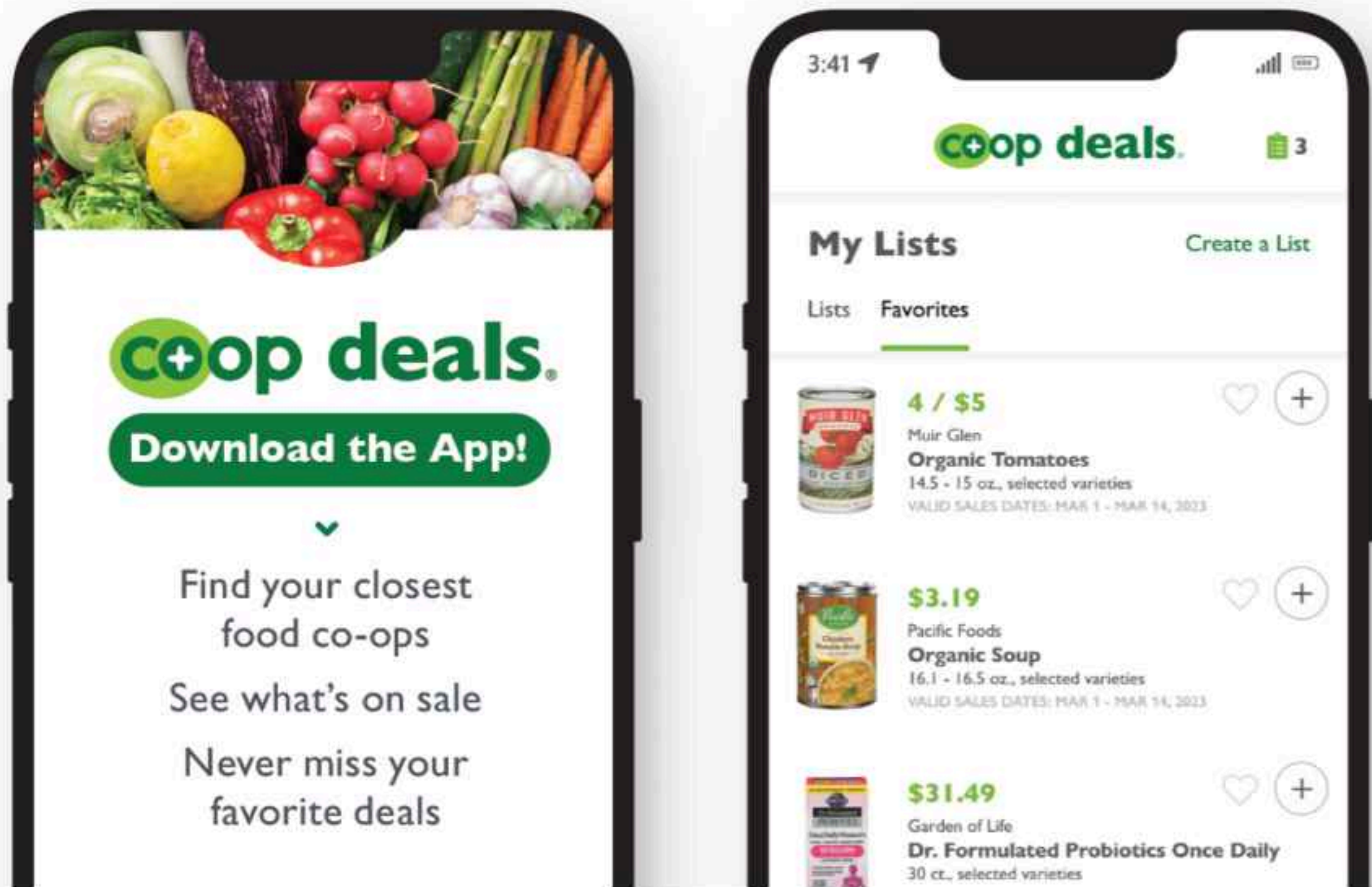


5.99
Clif
Organic Zbar
6.35-7.62 oz., selected varieties

The co-op has snacks for busy schedules.

Some items may not be available at all stores or on the same days

Never miss your **favorite deals**



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



3/\$5

Nixie
Organic Zero
Sugar Sodas
12 fl. oz. can, selected
varieties



2/\$6

Good Health
Potato Chips
5 oz., selected varieties



2/\$7

Food Should Taste
Good
Tortilla Chips
5.5 oz., selected varieties



2/\$6

Unique Snacks
Pretzels
10-11 oz., selected
varieties



2/\$7

Jackson's
Snacks
5 oz., selected varieties



2/\$9

Tate's Bake Shop
Cookies
5.5-8 oz., selected
varieties



4.99

Late July Snacks
Salsa
15.5 oz., selected
varieties



4.99

Patagonia
Provisions
Organic Crackers
4.4 oz., selected varieties

Download the Co+op Deals app today.

Some items may not be available at all stores or on the same days

strength in diversity

inclusive
trade



Chomps

Co-founders and co-CEOs Pete Maldonado and Rashid Ali shared the dream to create healthy on-the-go protein options made from high-quality, sustainably sourced proteins with no hidden, harmful ingredients.



Ecos

CEO Kelly Vlahakis-Hanks continues the legacy of her father by leading Ecos and remaining committed to creating safer cleaning products that protect the well-being of both people and planet.



GT's

GT Dave, founder and CEO of GT's Living Foods, began bottling kombucha at the age of 15. Inspired by his mom, GT wanted everyone to enjoy kombucha and its healing benefits.



Purely Elizabeth

Elizabeth Stein, Founder and CEO of Purely Elizabeth, set off to create products that didn't involve a trade-off between nutritious ingredients and culinary taste. Her hope is to provide people options for nourishing foods that they really enjoy.

Inspiring brands are at the co-op.

INCLUSIVE TRADE PARTNER

Chomps is a diverse-owned company. We make on-the-go protein snacks from sustainably sourced proteins.

1.99

Chomps
Meat Stick
1.15 oz., selected varieties



powered by nature

INCLUSIVE TRADE PARTNER

GT's Living Foods is family- and LGBTQIA+-owned. Real probiotics. Real results. SYNERGY delivers 9 billion living cultures that support nine health benefits. For calm, clarity and balance, ALIVE Elixirs bring you mushrooms that uplift and reduce stress.

2/\$6

GT's
Synergy Kombuchas or Alive Elixirs
16 fl. oz., selected varieties



Find our full list of
Inclusive Trade partners!

scan the code



brilliant clean

INCLUSIVE TRADE PARTNER

ECOS is a Black- and woman-owned company blending green science and renewable energy to deliver a sparkling clean that's powerful, safe and sustainable — for you, your family and the Earth.

3.99

Ecoc
Dish Soap
25 fl. oz., selected varieties



INCLUSIVE TRADE PARTNER

Purely Elizabeth is a woman-owned company. Elizabeth started Purely Elizabeth to make delicious food with nourishing ingredients to help you thrive on your wellness journey.

5.99

Purely Elizabeth
Cereal
11 oz., selected varieties



Find Inclusive Trade brands at the co-op.



9.99
Hyland's Naturals
Calms Forte
Sleep Aid
100 ct.



18.99
Natural Factors
Tranquil Sleep
Chews
60 ct.



the power of omega-3

Every heart needs omega-3s, but it's hard to get a steady supply from food alone. That's why Ultimate Omega® delivers the Power of Omega-3 to help fill everyday gaps.

21.99
Nordic Naturals
Ultimate Omega
60 ct.



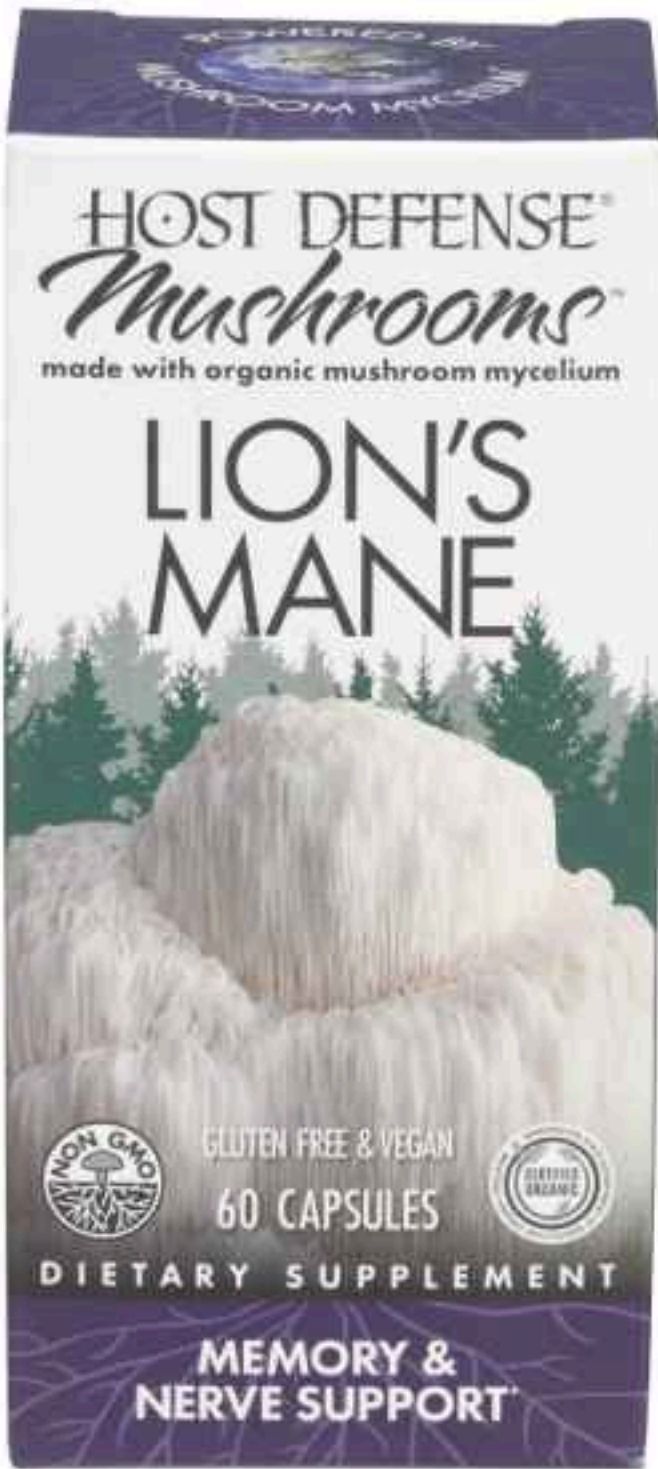
Stay well as the seasons change.

Find savings on supplements!

always USA-grown

Looking for Lion's Mane supplements that you can trust? Try Host Defense® Lion's Mane — always powered by USA-grown mushroom mycelium!

25.99
Host Defense
Lion's Mane Mushroom
Supplement
60 ct.



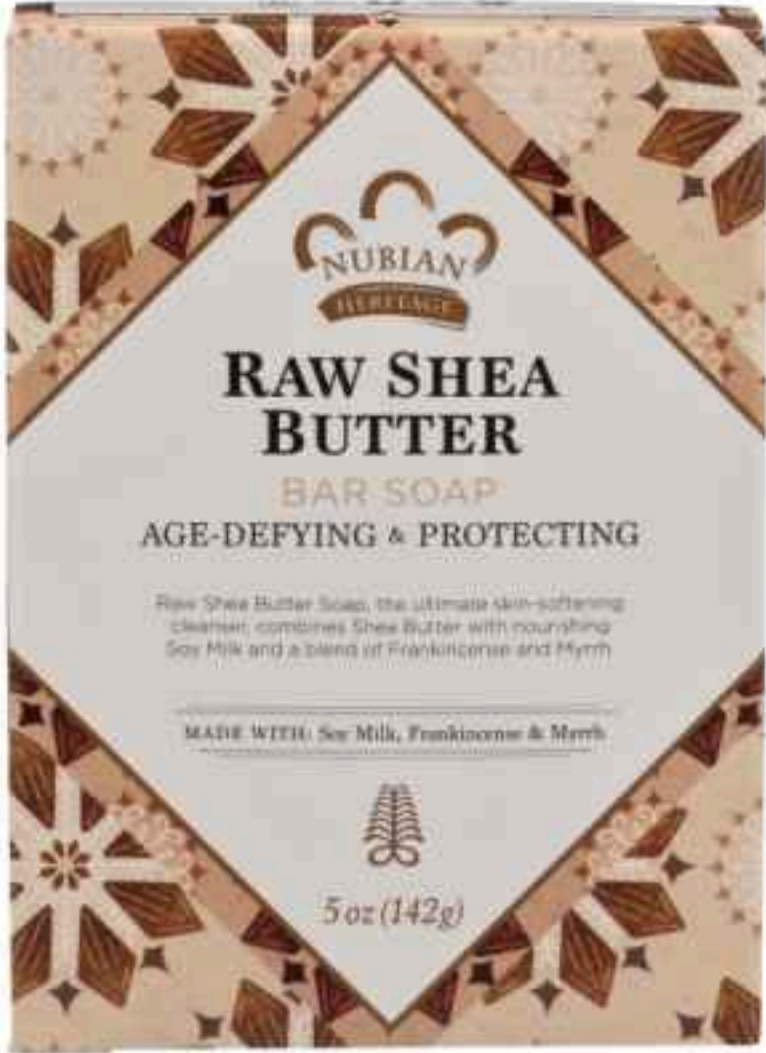
The co-op has you covered for wellness.

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2/\$8

DrTung's
Smart Floss
30 yd., selected varieties



4.49

Nubian Heritage
Bar Soap
5 oz., selected varieties



8.99

Heritage Store
Rosewater Facial Mist
8 fl. oz.



17.99

Andalou Naturals
Resveratrol Q10
Night Repair
Cream
1.7 fl. oz.



18.99

Weleda
Skin Food
Nourishing Day
or Night Cream
1.3 fl. oz., selected
varieties



refill!
refill!

Dr. Bronner's Magic Soap
Refill Carton is the same
great soap — with a rich
lather and clean rinse, now in
86% less plastic than our 32-
ounce recycled bottles! Made
with Regenerative Organic
Certified® oils. Mindful care
for body and planet!



10.99

Dr. Bronner's
Magic Soap Refill
32 fl. oz., selected varieties

Sparkle with body care items from the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Food Shed Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op
Wild Onion Market

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market
Purple Porch Food Co-op

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Detroit People's Food Co-op
Grain Train Natural Foods Market
GreenTree Co-op Market

Keweenaw Co-op Market & Deli
Marquette Food Co-op
Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Co-op
Eastside Food Cooperative
Good Earth Food Co-op
Hampden Park Co-op
Harmony Natural Foods Co-op
Just Food Co-op
Lakewinds Food Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
Spiral Food Co-op
St. Peter Food Co-op & Deli
Valley Natural Foods
Wedge Community Co-ops
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

Natural Abundance Food Co-op
Sioux Falls Food Co+op

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Hudson Grocery Cooperative
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Whole Earth Market Co-op
Willy Street Co-op

See what's on sale with
the Co+op Deals app!

coop deals

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

deliciously dairy-free

In addition to being thick and creamy, siggi's plant-based products are a good source of plant-based protein, containing 3 times more protein than the leading yogurt alternatives.



3/\$5 Siggi's
Plant-based Yogurts
5.3 oz., selected varieties



2/\$4
Rxbar
Protein Bars
1.83-1.9 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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