

# co+op deals®

FEB 18 - MAR 3, 2026

ripened with  
sunshine

Make a hearty dish with Bionaturae's strained tomatoes, like homemade pasta, soup or pizza. Flavorful and satisfying, it's easy to add a variety of options that are perfect for the winter months. These tomatoes are grown in Italy and are 100% organic.



**2/\$7**  
Bionaturae  
Organic Tomatoes  
24-28.2 oz., selected varieties



**2/\$3**

Solely  
Organic Fruit  
Jerky  
.8 oz., selected  
varieties



**2/\$6**

Cascadian Farm  
Organic Frozen  
Vegetables  
10 oz., selected  
varieties



**3.99**

Late July Snacks  
Organic Tortilla  
Chips  
7.4-10.1 oz., selected  
varieties



**2.39**

San Pellegrino  
Sparkling Mineral  
Water  
25.3 fl. oz.



**2/\$7**

Stacy's  
Pita Chips  
6.75-7.33 oz., selected  
varieties



**4.49**

Petit Pot  
Organic French  
Dessert  
2 pk.-4 oz., selected  
varieties



Warm and comforting.

**Winter meals start here.**



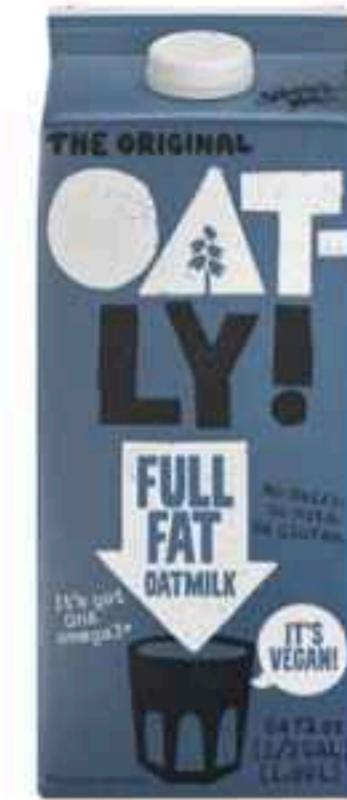
**2/\$4**

Icelandic  
Provisions  
Skyr Yogurts  
4.4-5.3 oz., selected  
varieties



**2.49**

Smart Chicken  
Whole Chicken  
per pound



**4.69**

Oatly  
Oatmilk  
64 fl. oz., selected varieties



**4.79**

Ripple  
Plant-based Milk  
48 fl. oz., selected  
varieties



**5.39**

Colamecos  
Prosciutto  
3 oz., selected varieties

COOPERATIVELY OWNED



**5.69**

Organic Valley  
Large Free-range  
Brown Eggs  
1 doz.



Begin the day with fresh options.

**Delicious and creamy.**

simple ingredients and protein rich



FAGE is a delicious all-natural Greek strained yogurt. This is Greek yogurt that doesn't compromise on taste or texture. Good things start here.

**3/\$4**

Fage  
Greek Yogurts  
5.3 oz., selected varieties

COOPERATIVELY OWNED



**6.49**

Organic Valley  
Stringles  
8 oz.



**8.99**

Wellshire  
Dry Rub  
Uncured Pork  
Bacon  
12 oz.

**Brighten your mornings with deals from the co-op.**



## study session meals

### CONVENIENT AND DELICIOUS

When you're plugging away at writing a paper, studying for an exam or trying to get caught up on homework, don't neglect your nutritional needs. The co-op has a variety of options for busy students so your next mealtime doesn't have to be time consuming or stressful.



**3/\$7**

Evol  
Burritos

5-6 oz., selected varieties



**5.99**

Udi's Gluten Free  
Sandwich Bread  
12 oz., selected varieties



**2/\$9**

Gardein  
Plant-based Protein  
8-13.7 oz., selected varieties



**5.99**

Ben & Jerry's  
Ice Cream or  
Non-dairy  
Dessert  
14.4-16 fl. oz., selected  
varieties



**7.99**

Cappello's  
Grain-free Pizza  
11-12 oz., selected  
varieties



**11.99**

Wyman's  
Wild Blueberries  
3 lb.

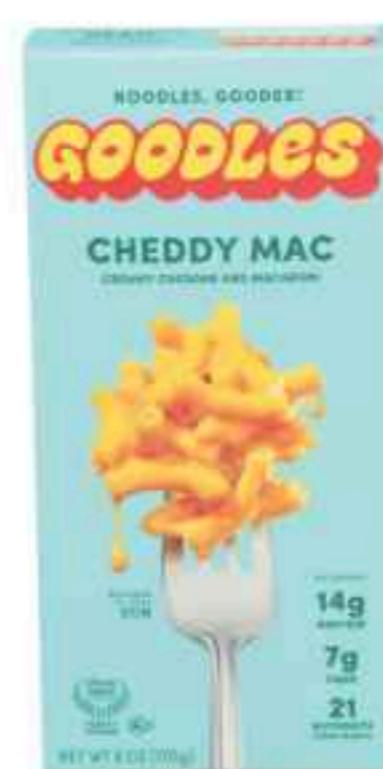


**Fill the freezer with options from the co-op.**



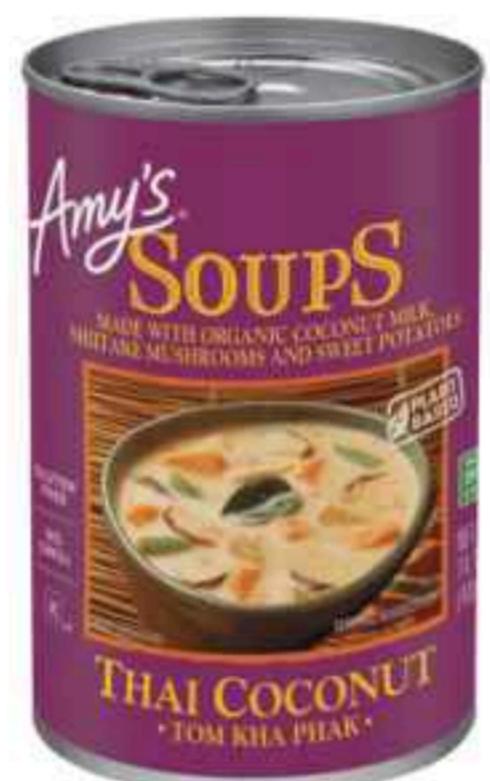
**2.99**

Native Forest  
Organic  
Coconut Milk  
13.5 fl. oz., selected  
varieties



**2/\$6**

Goodles  
Macaroni &  
Cheese  
5.25-6 oz., selected  
varieties



**3.99**

Amy's  
Soup  
13.65-14.7 oz.,  
selected varieties



**5.39**

Maille  
Mustard  
7-8.9 oz., selected  
varieties



Scoop up great deals at the co-op.

**Save big when you shop bulk.**



**8.99**

Momofuku  
Chili Crunch  
5.3-5.5 oz., selected  
varieties



COOPERATIVELY OWNED

**10.49**

Equal Exchange  
Organic Coffee  
10-12 oz., selected  
varieties



*scoop up the savings in bulk!*



**2.99**

Organic Green  
Lentils  
per pound in bulk



**5.49**

Walnuts  
Halves &  
Pieces  
per pound in bulk



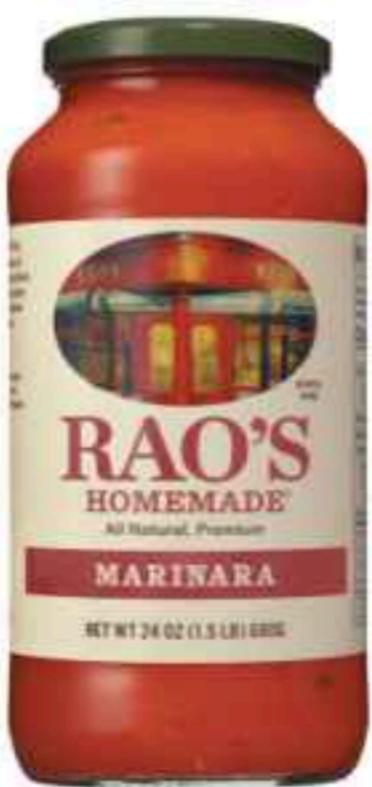
**5.99**

Organic Turkish  
Apricots  
per pound in bulk

**Find ingredients for new recipes at the co-op.**

**4.99**

Ocean's Halo  
Organic Broth  
32 fl. oz., selected  
varieties

**6.49**

Rao's  
Pasta Sauce  
24 oz., selected varieties

**2/\$7**

Montebello  
Organic Pastas  
16 oz., selected varieties

Find recipes for cold winter days.

Visit [grocery.coop](https://www.grocery.coop) for ideas.



*deliciously inspired*

Stock your pantry with delicious organic soups and broths from Pacific Foods. Pacific soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.

**3.99**

Pacific Foods  
Organic Soup  
16.1-16.6 oz., selected varieties

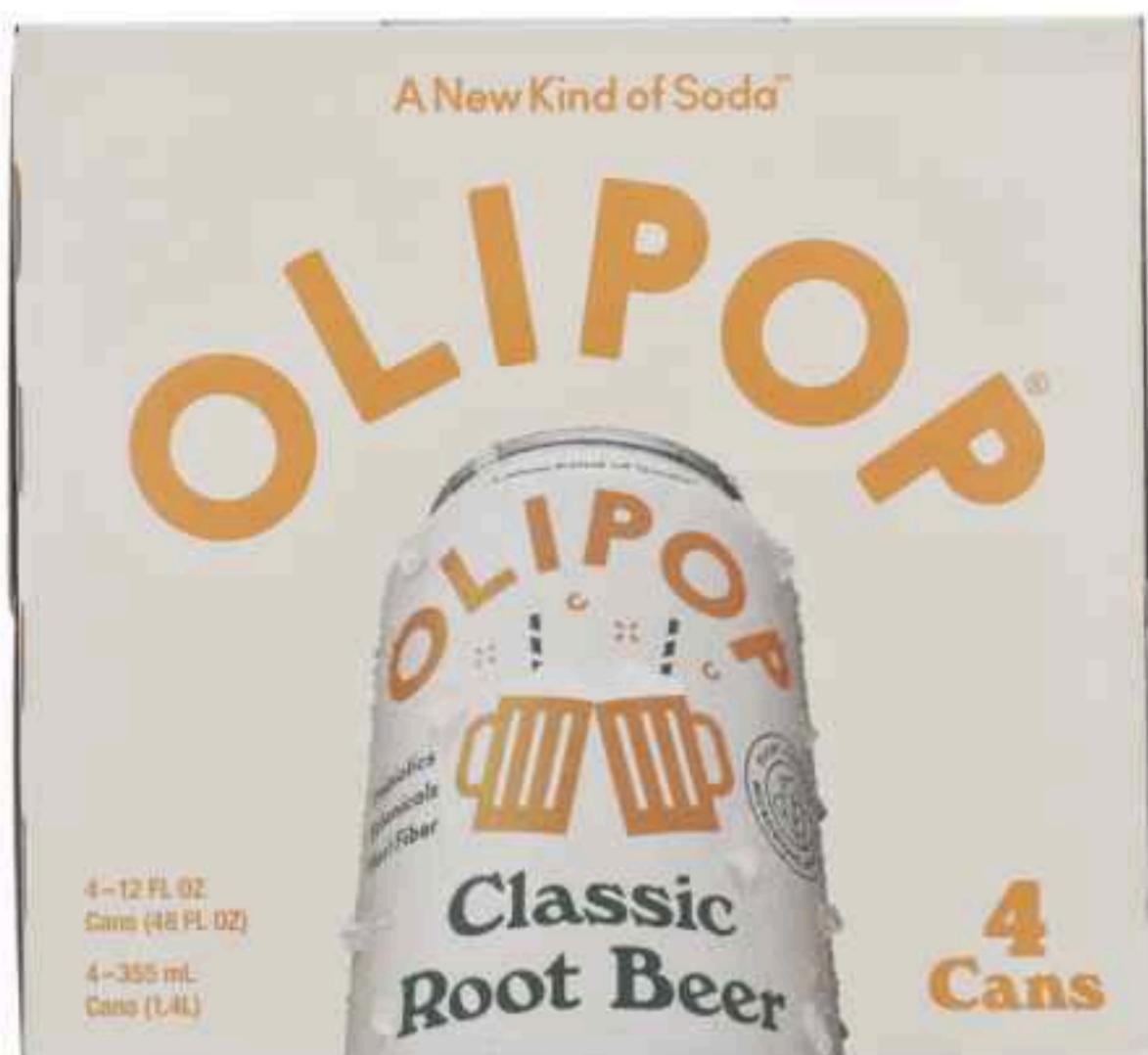
**7.99**

Lucini Italia  
Organic Pasta  
Sauce  
24 oz., selected varieties

**12.99**

Primal Kitchen  
Pure Avocado  
Oil  
16.9 fl. oz.

**The co-op makes weeknight meals easy.**



**7.49**

Olipop  
Prebiotic Soda  
4 pk.-12 fl. oz., selected varieties



**9.99**

R.W. Knudsen  
Organic Just Juice  
32 fl. oz., selected  
varieties



**5.49**

Lakewood  
Organic Juice  
32 fl. oz., selected  
varieties



**5.99**

Grandy Organics  
Grain-free  
Coconola  
9 oz., selected varieties



Looking for something to munch on?

**Find snacks at the co-op.**

set the  
bar higher

Tasty bars for everyone  
with plant-based goodness  
you'll love. Our bars are  
purposefully crafted to meet  
your needs.



**2/\$3**

Clif  
Luna Nutrition Bars  
1.69 oz., selected varieties

**2/\$4**

Clif  
Nut Butter or Builders  
Protein Bars  
1.76-2.4 oz., selected varieties

**3/\$5**

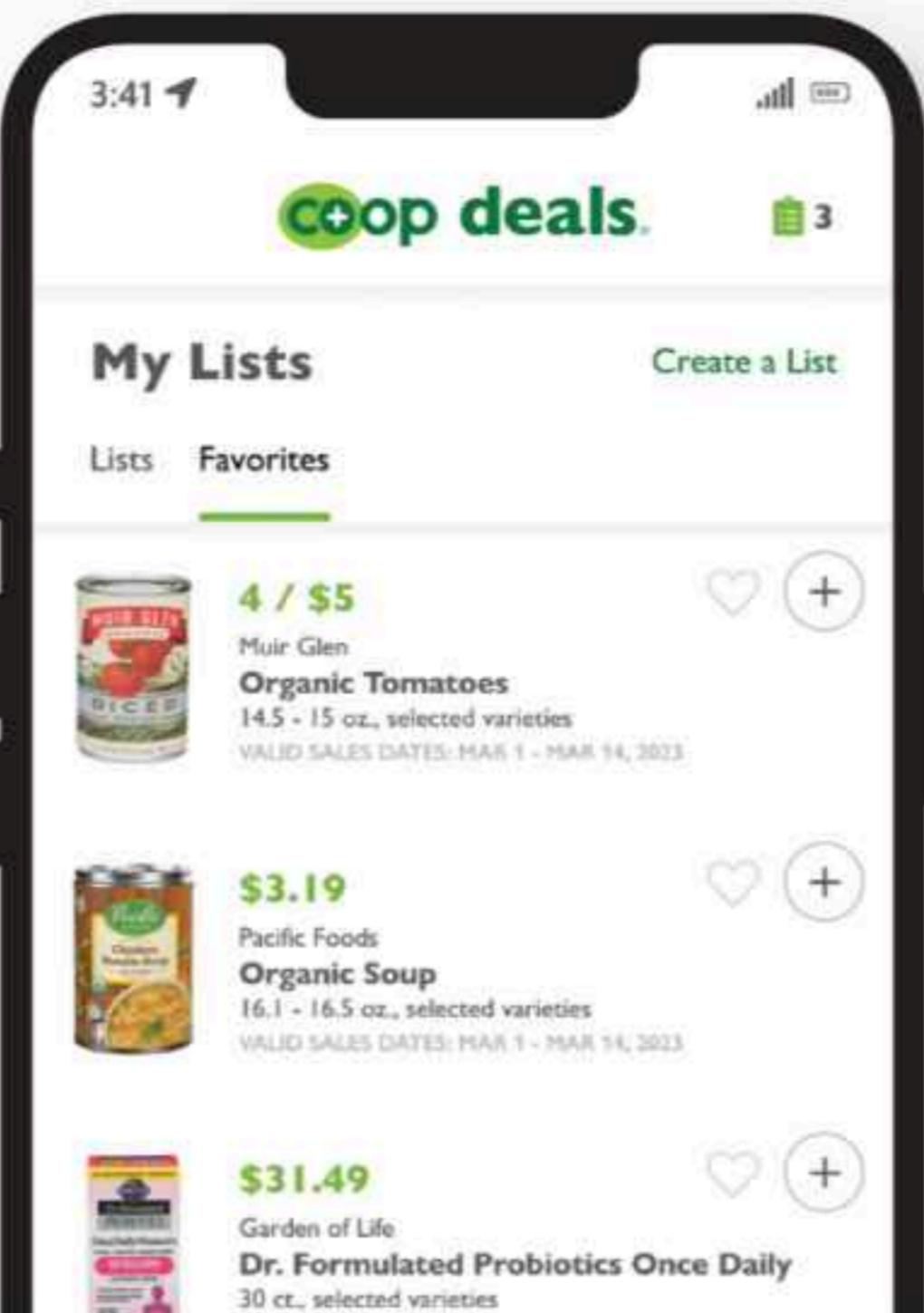
Clif  
Nutrition Bars  
2.4 oz., selected varieties

**5.99**

Clif  
Organic Zbar  
6.35-7.62 oz., selected varieties

**The co-op has snacks for busy schedules.**

## Never miss your **favorite deals**



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



**3/\$5**

Nixie  
Organic Zero  
Sugar Sodas  
12 fl. oz. can, selected  
varieties



**2/\$6**

Good Health  
Potato Chips  
5 oz., selected varieties



**2/\$7**

Food Should Taste  
Good  
Tortilla Chips  
5.5 oz., selected  
varieties



**2/\$6**

Unique Snacks  
Pretzels  
10-11 oz., selected  
varieties



**2/\$7**

Jackson's  
Snacks  
5 oz., selected varieties



**2/\$9**

Tate's Bake Shop  
Cookies  
5.5-8 oz., selected  
varieties



**4.99**

Late July Snacks  
Salsa  
15.5 oz., selected  
varieties



**4.99**

Patagonia  
Provisions  
Organic Crackers  
4.4 oz., selected  
varieties

**Download the Co+op Deals app today.**

# strength in diversity



## Chomps

Co-founders and co-CEOs Pete Maldonado and Rashid Ali shared the dream to create healthy on-the-go protein options made from high-quality, sustainably sourced proteins with no hidden, harmful ingredients.



## Ecos

CEO Kelly Vlahakis-Hanks continues the legacy of her father by leading Ecos and remaining committed to creating safer cleaning products that protect the well-being of both people and planet.



## GT's

GT Dave, founder and CEO of GT's Living Foods, began bottling kombucha at the age of 15. Inspired by his mom, GT wanted everyone to enjoy kombucha and its healing benefits.



## Purely Elizabeth

Elizabeth Stein, Founder and CEO of Purely Elizabeth, set off to create products that didn't involve a trade-off between nutritious ingredients and culinary taste. Her hope is to provide people options for nourishing foods that they really enjoy.

## Inspiring brands are at the co-op.

## INCLUSIVE TRADE PARTNER

Chomps is a diverse-owned company. We make on-the-go protein snacks from sustainably sourced proteins.

**1.99**

Chomps  
Meat Stick

1.15 oz., selected varieties

*powered by nature*

## INCLUSIVE TRADE PARTNER

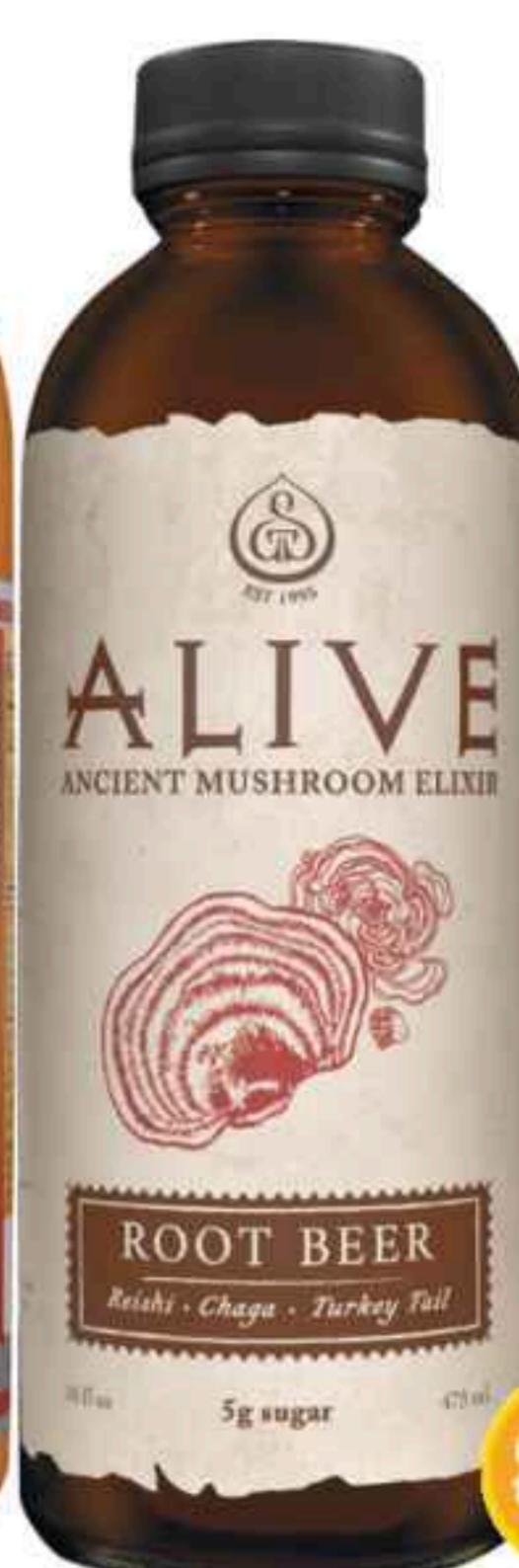
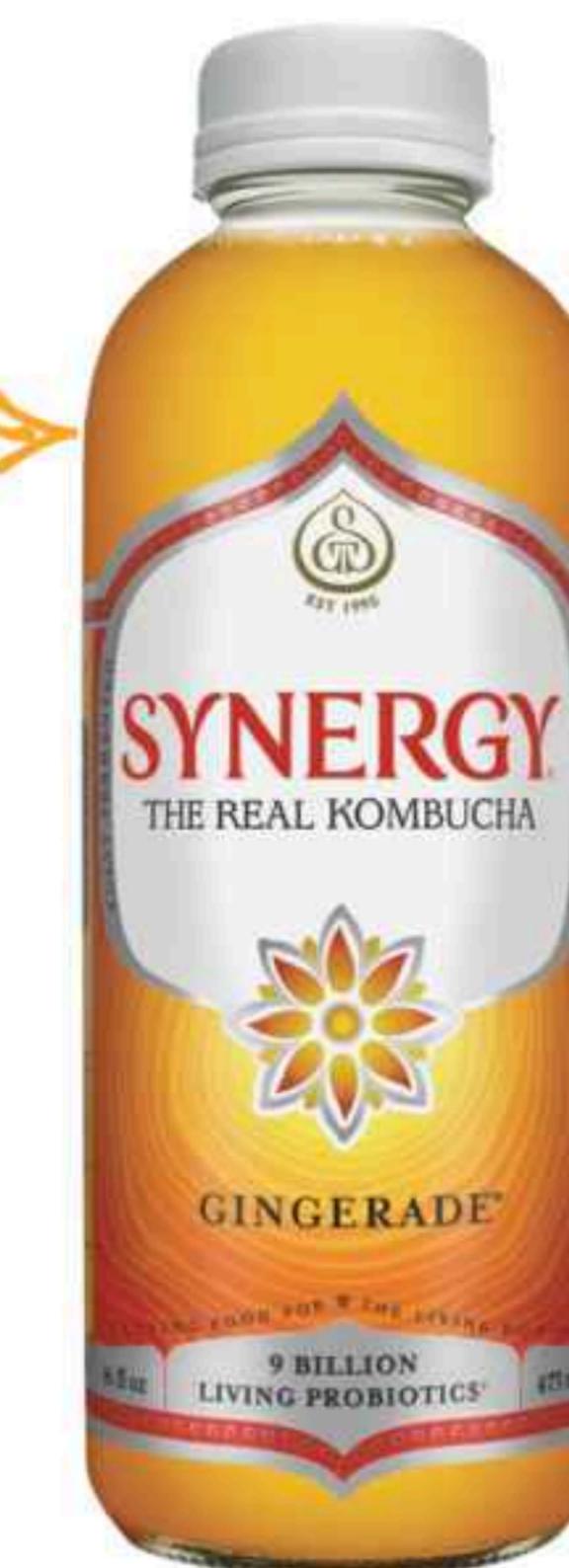
GT's Living Foods is family- and LGBTQIA+-owned. Real probiotics. Real results. SYNERGY delivers 9 billion living cultures that support nine health benefits. For calm, clarity and balance, ALIVE Elixirs bring you mushrooms that uplift and reduce stress.

**2/\$6**

GT's

**Synergy Kombuchas or Alive Elixirs**

16 fl. oz., selected varieties



**Find our full list of  
Inclusive Trade partners!**

*scan the code*

*brilliant clean*

## INCLUSIVE TRADE PARTNER

ECOS is a Black- and woman-owned company blending green science and renewable energy to deliver a sparkling clean that's powerful, safe and sustainable — for you, your family and the Earth.

**3.99**

Ecos  
Dish Soap

25 fl. oz., selected varieties



## INCLUSIVE TRADE PARTNER

Purely Elizabeth is a woman-owned company. Elizabeth started Purely Elizabeth to make delicious food with nourishing ingredients to help you thrive on your wellness journey.

**5.99**

Purely Elizabeth  
Cereal  
11 oz., selected  
varieties



**Find Inclusive Trade brands at the co-op.**



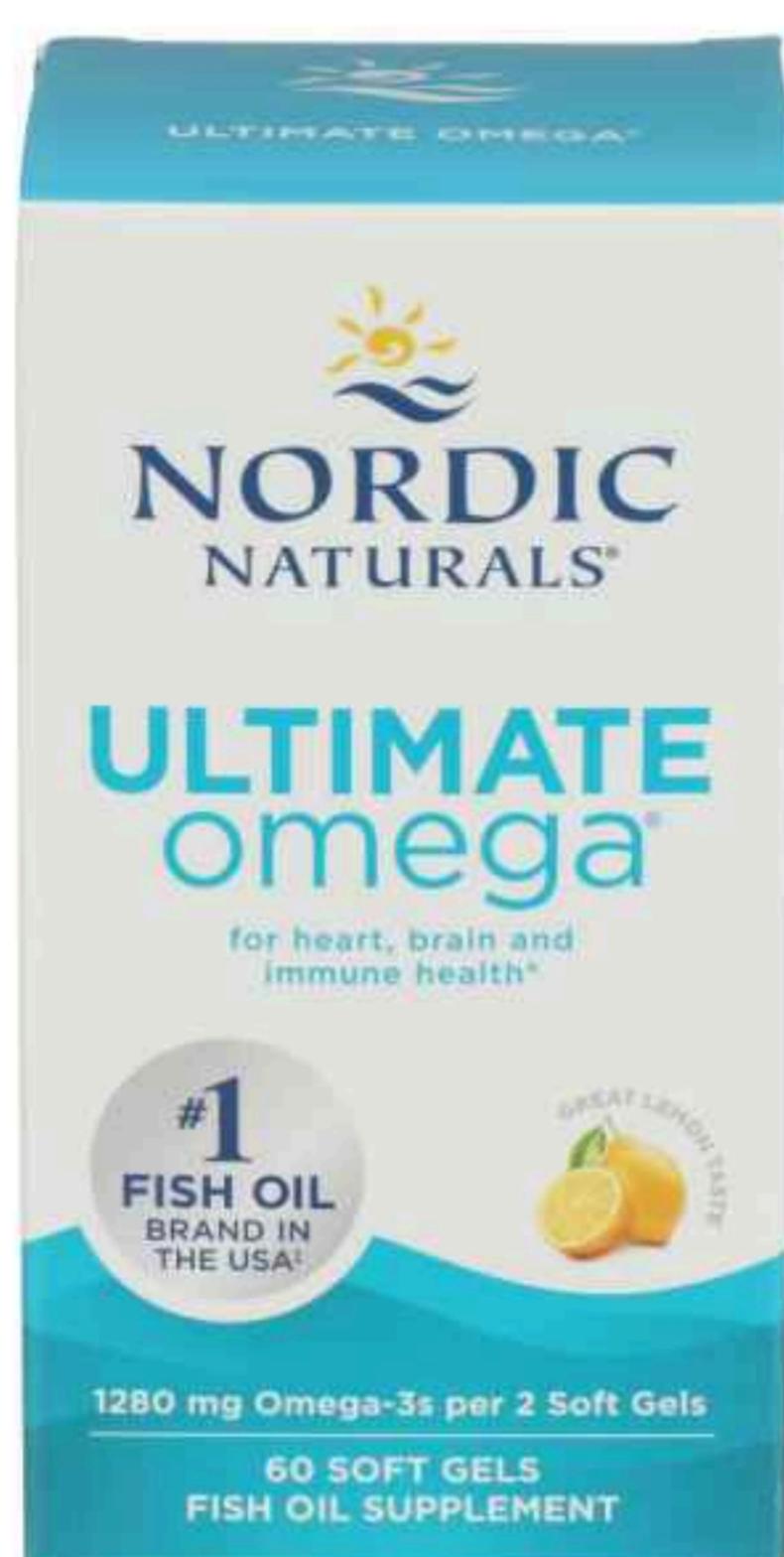
**9.99**

Hyland's Naturals  
Calms Forté  
Sleep Aid  
100 ct.



**18.99**

Natural Factors  
Tranquil Sleep  
Chews  
60 ct.



the power of omega-3

Every heart needs omega-3s, but it's hard to get a steady supply from food alone. That's why Ultimate Omega® delivers the Power of Omega-3 to help fill everyday gaps.

**21.99**

Nordic Naturals  
Ultimate Omega  
60 ct.



Stay well as the seasons change.

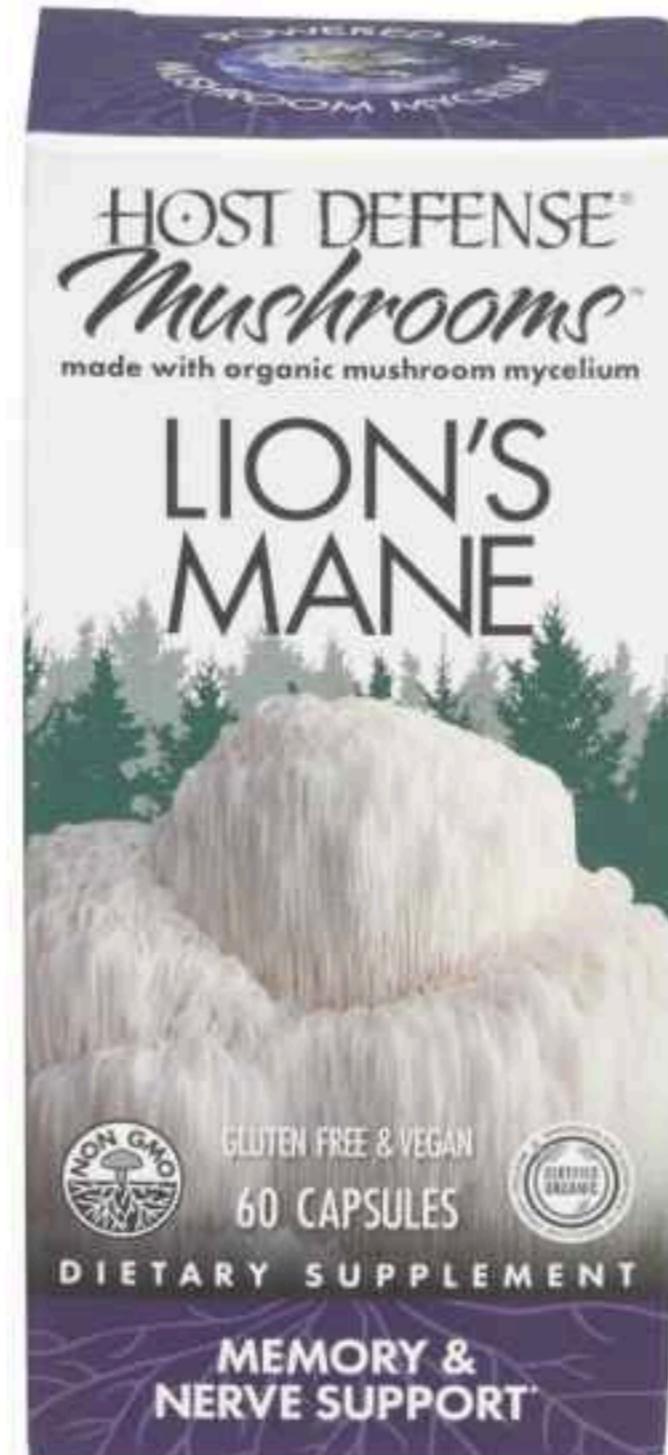
**Find savings on supplements!**

always USA-grown

Looking for Lion's Mane supplements that you can trust? Try Host Defense® Lion's Mane — always powered by USA-grown mushroom mycelium!

**25.99**

Host Defense  
Lion's Mane Mushroom  
Supplement  
60 ct.

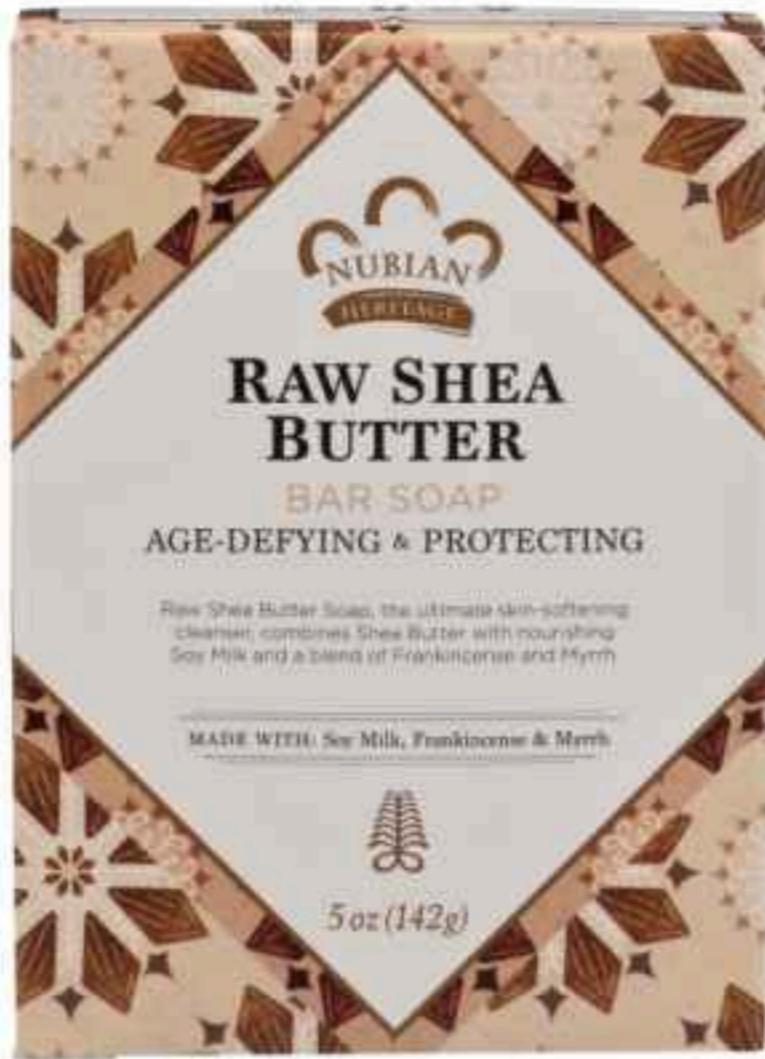


**The co-op has you covered for wellness.**



**2/\$8**

**DrTung's  
Smart Floss**  
30 yd., selected varieties



**4.49**

**Nubian Heritage  
Bar Soap**  
5 oz., selected varieties

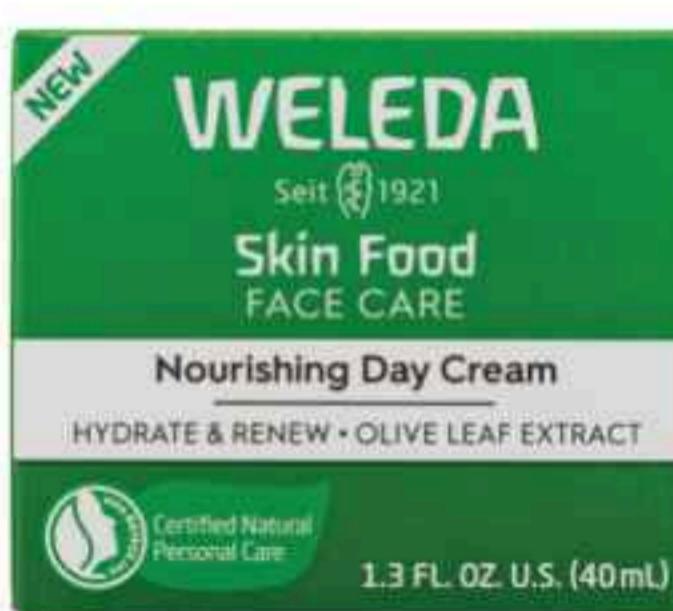


**8.99**

**Heritage Store  
Rosewater Facial Mist**  
8 fl. oz.



**17.99**  
**Andalou Naturals  
Resveratrol Q10  
Night Repair  
Cream**  
1.7 fl. oz.



**18.99**  
**Weleda  
Skin Food  
Nourishing Day  
or Night Cream**  
1.3 fl. oz., selected  
varieties



**refill! refill!**

**Dr. Bronner's Magic Soap**  
Refill Carton is the same  
great soap — with a rich  
lather and clean rinse, now in  
86% less plastic than our 32-  
ounce recycled bottles! Made  
with Regenerative Organic  
Certified® oils. Mindful care  
for body and planet!



**10.99**

**Dr. Bronner's  
Magic Soap Refill**  
32 fl. oz., selected varieties

**Sparkle with body care items from the co-op.**

## Shop for fresh, delicious, local food at a co-op near you.

### ILLINOIS

Common Ground Food Co-op  
Dill Pickle Food Co-op  
Food Shed Co-op  
Green Top Grocery  
Neighborhood Co-op Grocery  
Sugar Beet Food Co-op  
Wild Onion Market

### INDIANA

3 Rivers Natural Grocery  
Bloomingfoods Market and Deli  
Maple City Market  
Purple Porch Food Co-op

### IOWA

New Pioneer Co-op  
Oneota Community Co-op  
Wheatsfield Cooperative

### KANSAS

The Merc Co-op

### KENTUCKY

Good Foods Co-op

### MICHIGAN

Detroit People's Food Co-op  
Grain Train Natural Foods Market  
GreenTree Co-op Market

### Keweenaw Co-op Market & Deli

Marquette Food Co-op  
Oryana Community Co-op  
People's Food Co-op – Ann Arbor  
PFC Natural Grocery & Deli  
Ypsilanti Food Co-op

### MINNESOTA

Bluff Country Co-op  
City Center Market  
Cook County Co-op  
Eastside Food Cooperative  
Good Earth Food Co-op  
Hampden Park Co-op  
Harmony Natural Foods Co-op  
Just Food Co-op  
Lakewinds Food Co-op  
Mississippi Market  
Natural Harvest Food Co-op  
People's Food Co-op – Rochester  
River Market Community Co-op  
Seward Community Co-op  
Spiral Food Co-op  
St. Peter Food Co-op & Deli  
Valley Natural Foods

### NEBRASKA

### NEBRASKA

Open Harvest Cooperative Grocery

### OHIO

Phoenix Earth Food Co-op

### SOUTH DAKOTA

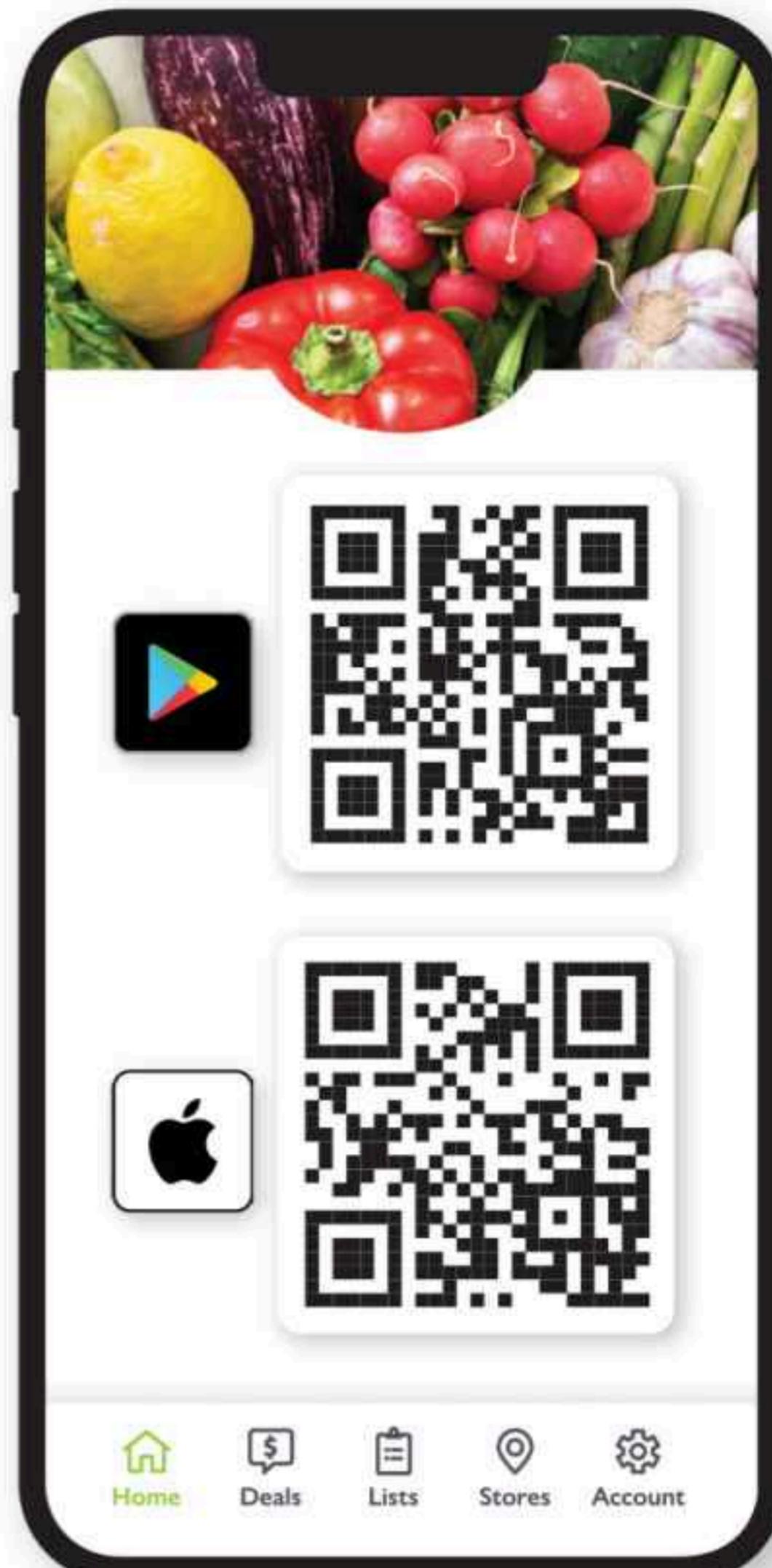
Natural Abundance Food Co-op  
Sioux Falls Food Co-op

### WISCONSIN

Basics Cooperative Natural Foods  
Chequamegon Food Co-op  
Hudson Grocery Cooperative  
Menomonie Market Food Co-op  
Oshkosh Food Co-op  
Outpost Natural Foods Co-op  
People's Food Co-op – La Crosse  
Viroqua Food Co-op  
Whole Earth Market Co-op  
Willy Street Co-op

## coop deals.

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

## deliciously dairy-free

In addition to being thick and creamy, siggi's plant-based products are a good source of plant-based protein, containing 3 times more protein than the leading yogurt alternatives.



# 3/\$5

**Siggi's**  
Plant-based Yogurts  
5.3 oz., selected varieties



# 2/\$4

**Rxbar**  
Protein Bars  
1.83-1.9 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



MW0226B