

coop deals®

FEB 4 - FEB 17, 2026

irresistible crunch

Stop in the co-op for some of your favorite snacks — great for parties, study sessions or streaming your favorite shows all weekend long. With plenty of BOGO deals at the co-op, including crisps from the Good Crisp Company, you're sure to find your delicious snacks to munch on.



Buy One, Get One

FREE

The Good Crisp
Potato Crisps

5.6 oz., selected varieties

INCLUSIVE TRADE PARTNER

Chickapea is a woman-owned company providing nutritious, convenient family meal options using organic chickpeas and lentils in their ingredients.



Buy One, Get One

FREE

Chickapea
Organic Chickpea Pastas
8 oz., selected varieties



Buy One, Get One

FREE

Bobo's
Oat Bars
2.5-3 oz., selected varieties



Buy One, Get One

FREE

Virgil's
Sodas
4 pk.-12 fl. oz., selected varieties



Buy One, Get One

FREE

special offers inside!





Buy One, Get One
FREE
Lily's
Baking Chips
9 oz., selected varieties

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We are family-owned and operated and create organic body care products with nourishing nutrients.



Buy One, Get One
FREE
Badger
Organic Lip Balms
.15 oz., selected varieties



Buy One, Get One
FREE
Against the Grain
Gluten & Grain-free Pizzas
22.4-24 oz., selected varieties



Buy One, Get One
FREE
Jeff's Garden
Pickled Peppers
12 fl. oz, selected varieties

COOPERATIVELY OWNED



Buy One, Get One
FREE
Simply Organic
Seasoning and Dip Mixes
.53-2 oz., selected varieties



Buy One, Get One
FREE
Bitchin' Sauce
Almond Dips
7-8 oz., selected varieties

The co-op has BOGO products you'll love.

Some items may not be available at all stores or on the same days

Buy One, Get One

FREE

Deals at the Co-op!

BOGO

Welcome to BOGO (buy one, get one FREE) deals! You'll find savings on products you love from brands you trust in departments across the co-op. Look for the BOGO deals signs throughout the store.

Green Valley Creamery

LACTOSE FREE

3 CHEESE MEXICAN

Deliciously Flavorful

A BLEND OF MONTEREY JACK, CHEDDAR & COLBY CHEESES

1.5 CUPS

SHREDDED CHEESE

Green Valley Creamery

LACTOSE FREE

3 CHEESE MEXICAN

Deliciously Flavorful

A BLEND OF MONTEREY JACK, CHEDDAR & COLBY CHEESES

1.5 CUPS

SHREDDED CHEESE

BOGO

Buy One, Get One
FREE
Green Valley Creamery
Lactose-free Cheese
Shreds or Slices
6 oz., selected varieties

LILY'S

SALTED ALMOND

EXTRA DARK CHOCOLATE

STYLE BAR

CHOCOLATE WITH 70% CACAO

NO SUGAR ADDED

130 CALORIES PER CHOCOLATE BAR

NET WT. 2.8 OZ. (79 g)

LILY'S

SALTED ALMOND

EXTRA DARK CHOCOLATE

STYLE BAR

CHOCOLATE WITH 70% CACAO

NO SUGAR ADDED

130 CALORIES PER CHOCOLATE BAR

NET WT. 2.8 OZ. (79 g)

BOGO

Buy One, Get One
FREE
Lily's
Chocolate Bars
2.8-3 oz., selected varieties

ALWAYS ORGANIC

11 WHOLE GRAINS & PER SERVING

GOOD SOURCE ALA OMEGA-3

VEGAN

NATURE'S PATH ORGANIC

GLUTEN FREE

BUCKWHEAT WILDBERRY

6 WAFFLES - NET WT. 7.4 OZ. (210g)

ALWAYS ORGANIC

10 WHOLE GRAINS & PER SERVING

EXCELLENT SOURCE OF ALA OMEGA-3

VEGAN

NATURE'S PATH ORGANIC

GLUTEN FREE

HOMESTYLE

6 WAFFLES - NET WT. 7.4 OZ. (210g)

BOGO

USDA ORGANIC

Buy One, Get One
FREE
Nature's Path Organic
Frozen Waffles
7.4 oz., selected varieties

we believe good food brings us together

stock up & save on BOGO items!

Find great BOGO deals at the co-op.

Some items may not be available at all stores or on the same days



4.99

Talenti
Gelato or Sorbetto
1 pt., selected varieties

INCLUSIVE TRADE PARTNER

Tucson Tamale started with a large Mexican American family tradition that now makes award-winning tamales.



5.49

Tucson Tamale
Tamales
10-11 oz., selected varieties



2/\$8

Cascadian Farm
Organic Frozen
Potatoes
12-16 oz., selected
varieties



2/\$8

Cascadian Farm
Organic Frozen
Fruits
8-10 oz., selected
varieties



2/\$9

Quorn
Meat
Alternatives
8.5-12 oz., selected
varieties



4.99

Laoban
Dumplings
6-8 oz., selected
varieties



4.99

Alexia
Frozen Potatoes
15-19 oz., selected
varieties



5.99

Smart Chicken
Boneless &
Skinless Breasts
per pound



6.99

Feel Good Foods
Appetizers
6-10 oz., selected varieties



8.99

Rao's
Brick Oven Pizza
18.3-21.6 oz., selected
varieties



10.99

Applegate
Chicken Nuggets
or Tenders
16 ounces, selected
varieties

Find something for everyone at the co-op.

Some items may not be available at all stores or on the same days

dairy-free for
dairy lovers

Smooth cream cheese, spicy queso dip and rich sour cream, all dairy-free! Sound impossible? That's kind of our thing. Try **Kite Hill** and fall in love with your favorite foods all over again!



3.79
Kite Hill
Plant-based Dip or Sour Cream
8 oz., selected varieties



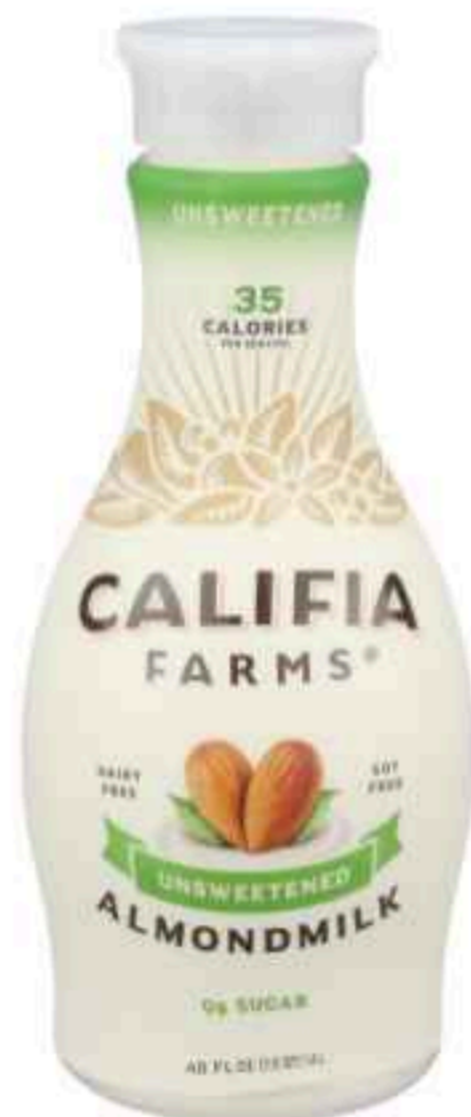
4.29
Kite Hill
Almondmilk Yogurt
16 oz., selected varieties



5.99
Kite Hill
Plant-based Cream Cheese
8 oz., selected varieties



2/\$7
Koia
Plant-based Protein Drinks
12 fl. oz., selected varieties



4.49
Califia Farms
Almondmilk
48 fl. oz., selected varieties



4.99
Organic Valley
Shredded Cheese
6 oz., selected varieties



2.79
Hail Merry
Snack Cups
1.5 oz., selected varieties



3.49
Planet Oat
Oatmilk
52 fl. oz., selected varieties



3.99
Oatly
Barista Edition
Oatmilk
32 fl. oz.

The co-op helps you start mornings off right.

Some items may not be available at all stores or on the same days



4/\$5

Chobani
Greek Yogurts
5.3 oz., selected varieties



4.49

Chobani
Oatmilk
52 fl. oz., selected varieties



4.99

Follow Your Heart
Original Vegenaise
14 fl. oz.



2.39

Nancy's
Organic Sour Cream
8 oz.



2/\$4

Mid-Day Squares
Functional
Chocolate Bars
1.16 oz., selected
varieties



crafted with less

Thick, creamy and rich in protein, skyr is the traditional yogurt of Iceland. siggi's skyr is made with simple ingredients and not a lot of sugar.

4.99

Siggi's
Skyr Yogurt
24 oz., selected varieties



6.99

Cocojune
Organic Coconut
Cultured Yogurt
16 oz., selected varieties

The co-op has all your morning essentials.

Some items may not be available at all stores or on the same days

INCLUSIVE TRADE PARTNER

Baba's is Middle East- and North African-owned. We are an award-winning purveyor of modern Middle Eastern flavors including hummus and pita puffs.



2/\$7 Baba's Hummus
10 oz., selected varieties

INCLUSIVE TRADE PARTNER

Nuts for Cheese is an LGBTQIA+- and woman-owned company. Our cheese is crafted from 100% organic cashews, fermented and rich in probiotics with billions of CFUs per serving.

6.49

Nuts for Cheese Organic & Dairy-free Fermented Cashew Product
4.2 oz., selected varieties



INCLUSIVE TRADE PARTNER

Mother-in-Law's is an Asian-owned company. We are inspired by the beauty of Korea's tradition of handcrafted fermented foods.



7.99 Mother-in-Law's Kimchi
16 fl. oz., selected varieties



3.99

Hodo Organic Firm Tofu
10 oz.



6.39

Grillo's Pickles
32 fl. oz., selected varieties



6.49

Woodstock Organic Sauerkraut
16 oz., selected varieties

fizz with benefits

OLIPOP combines the classic soda flavor you know and love with prebiotics, plant fiber and botanicals to support your digestive health. High fiber, less sugar (compared to leading non-diet sodas).

3/\$6

Olipop Prebiotic Sodas
12 fl. oz., selected varieties



4.39

Honey Mama's Truffle Bar
2.5 oz., selected varieties

Crave-worthy options are at the co-op.

Some items may not be available at all stores or on the same days



3.99

R.W. Knudsen
Juice Blend
32 fl. oz., selected
varieties



2/\$8

Choice Organics
Teas
16 ct., selected varieties



4.79

Nature's Path Organic
Love Crunch Granola
11-11.5 oz., selected varieties

your favorite plant protein

Made with simple, organic ingredients, West Life Soymilk offers 9g of plant protein per serving. Certified gluten-free, Non-GMO Project Verified, dairy-free and vegan.

2/\$7

West Life
Organic Soymilks
32 fl. oz., selected varieties





4.99

Good Karma
Flaxmilk
64 fl. oz., selected
varieties



6.99

Food for Life
Organic Cereal
16 oz., selected varieties

eggs you love

No better way to show ‘em you love ‘em than with goodies from the heart made with ethical eggs.



6.99

Vital Farms
Pasture-raised Large Eggs
1 doz.



Try something new from the co-op today.

Some items may not be available at all stores or on the same days



3/\$4 Bob's Red Mill
Oat Bars
1.76 oz., selected varieties



4.49
Tazo
Tea
15-20 ct., selected
varieties



5.49
Numi
Organic Tea
12-18 ct., selected
varieties



7.99
Bob's Red Mill
Organic Flour
5 lbs., selected varieties



8.99
Artisana
Organic Raw
Tahini
14 oz.



3/\$5
Kind
Bars
1.4 oz., selected varieties



5.39
Traditional Medicinals
Herbal Tea
16 ct., selected varieties

INCLUSIVE TRADE PARTNER

Catalina Crunch is a diverse-owned brand. Our products satisfy your sweet tooth but aren't loaded with sugar and empty carbs.



6.99 Catalina Crunch
Keto Cereal
8-9 oz., selected varieties

scoop up the savings in bulk!



1.69
Organic Quick
Rolled Oats
per pound in bulk



6.99
Organic
Unroasted
Whole Cashews
per pound in bulk



7.49
Organic Medjool
Dates
per pound in bulk

The co-op has pantry essentials.

Some items may not be available at all stores or on the same days



3.79
Endangered Species
Chocolate Bar
3 oz., selected varieties



4/\$7
Justin's
Organic Candies
1.32-1.5 oz., selected
varieties



2/\$7
Chocolove
Chocolate Bars
2.9-3.2 oz., selected
varieties



3.99
Siete
Grain-free
Cookies
4.5 oz., selected
varieties



4.49
Siete
Tortilla Chips
7.5 oz., selected varieties



3.99
Frontera
Salsa
16 oz., selected varieties



4.49
Hu
Organic Chocolate
Bar
2.1 oz., selected varieties



3.99
Pipcorn
Heirloom Snacks
4-5 oz., selected varieties



4.49
Loacker
Wafer Cookies
7.76-8.82 oz., selected
varieties



4.99
Kettle Brand
Potato Chips
13 oz., selected varieties



5.39
YumEarth
Organic Candy
2.5-5 oz., selected
varieties

5.49
Tony's Choclonely
Chocolate Bar
6.35 oz., selected varieties

Find all your favorite snacks at the co-op.

Some items may not be available at all stores or on the same days

INCLUSIVE TRADE PARTNER

ALO Drink is an Asian-owned company. We source non-GMO aloe vera plants from sustainable farms in Thailand and provide rural communities with economic value.



2/\$4

Alo
Aloe Vera Juice
Drinks
11.2-16.9 fl. oz., selected
varieties



2/\$4

Gimme
Organic Seaweed
Snacks
.32-.35 oz., selected
varieties



2.19

Essentia
Ionized Alkaline
Water
50.7 fl. oz.



2/\$6

Barbara's
Cheese Puffs
7 oz., selected
varieties



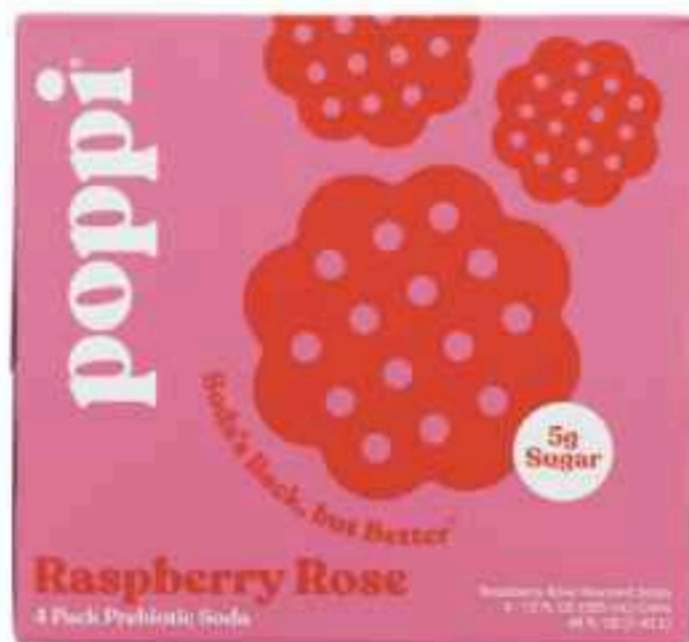
4.99

Quinn
Filled Pretzels
5-7 oz., selected varieties



2/\$10

Waterloo
Sparkling Waters
12 pk.-12 fl. oz. cans,
selected varieties



7.49

Poppi
Prebiotic Soda
4 pk.-12 fl. oz. cans,
selected varieties



9.99

Spry
Chewing Gum
100 ct., selected
varieties

leaders in potato chips

Simple ingredients. The crisp and crunch of a classic made better with avocado oil for a uniquely subtle, buttery taste.

2/\$6

Boulder Canyon
Potato Chips
5.25-6.5 oz., selected varieties



INCLUSIVE TRADE PARTNER

Archer Jerky is an Asian-owned company. Our jerky and meat sticks offer mouthwatering flavors with sustainability as a priority.



5.99

Archer Jerky
Beef Jerky
2-2.5 oz., selected varieties

The co-op has great snacks for movie night.

Some items may not be available at all stores or on the same days



3.29
Woodstock
Organic Ketchup
19.5-20 oz., selected varieties



3.69
Crown Prince
Oysters
3 oz., selected varieties

February treats

Whether you're enjoying the big game or fixing dinner for friends and family, Crown Prince Natural provides delicious, sustainably caught seafood for your cooking adventures. Recipes galore at www.crownprincenatural.com and youtube.com/CrownPrinceSeafood.



2/\$6
Annie's
Organic Mac & Cheese
6 oz., selected varieties



everyday low price
2.49
Field Day
Organic Chicken
Broth
32 fl. oz., selected varieties



award-winning EVOO

Our cold-pressed, award-winning extra virgin olive oils (EVOOs) are a kitchen staple. From everyday baking, frying and sauteing, California Olive Ranch brings high-quality EVOO straight from our orchards to your table.

12.99
California Olive Ranch
Global Blend Extra Virgin Olive Oil
16.9 fl. oz.



14.99
Dr. Bronner's
Organic Whole Kernel
Virgin Coconut Oil
30 fl. oz.

Quality ingredients are at the co-op.

Some items may not be available at all stores or on the same days



2/\$6

A Dozen Cousins
Ready-to-Eat Beans
10 oz., selected varieties



2/\$4

Dr. McDougall's
Soup Cups
1.4-3.4 oz., selected
varieties



3.29

Ancient Harvest
Organic Polenta
18 oz., selected varieties



2/\$6

Muir Glen
Organic Tomatoes
28 oz., selected varieties



2/\$7

Tasty Bite
Indian Entrees
10 oz., selected varieties



4.49

Rao's
Soup
15.5-16 oz., selected
varieties



5.49

San-J
Organic Tamari
10 fl. oz.



7.49

Sir Kensington's
Mayonnaise
12 fl. oz., selected
varieties

ridiculously good ramen



Elevate your senses with Koyo Ramen Noodles! Our organic noodles are baked, not fried, and deliver the perfect balance of flavor with each bite!

5/\$6

KOYO
Ramen Soup Packs
or Cups
2-2.1 oz., selected varieties



4.99

Woodstock
Organic Pickles
24 oz., selected varieties

The co-op has staples for every night.

Some items may not be available at all stores or on the same days



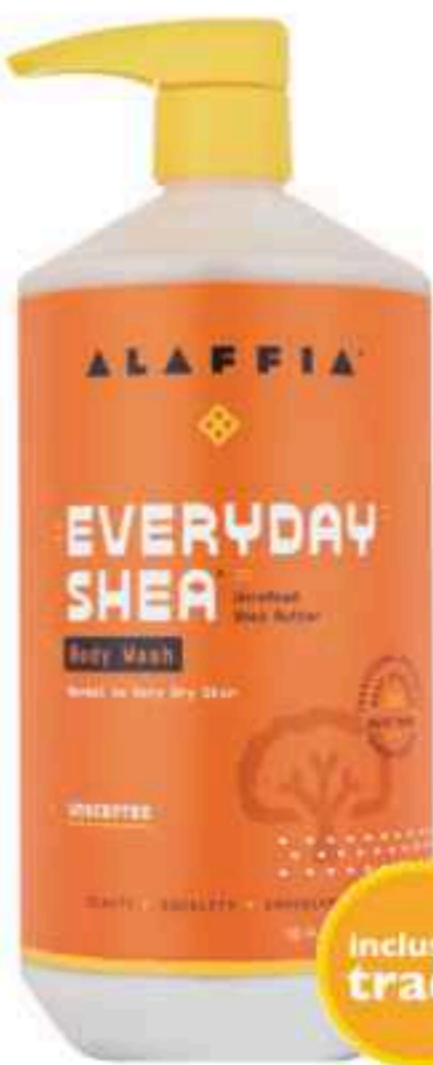
9.49

Alaffia
Curl Defining Gel
8 fl. oz.



11.99

Alaffia
Everyday Coconut
Shampoo or Conditioner
32 fl. oz., selected varieties



11.99

Alaffia
Everyday Shea
Body Wash
32 fl. oz., selected varieties



11.99

Alaffia
Everyday Shea
Body Lotion
32 fl. oz., selected varieties



rooted in
empowerment

INCLUSIVE TRADE PARTNER

Award-winning and Black-owned, **Alaffia** crafts fair-trade personal-care products that uplift West African communities. Our sustainable shea-based formulas — made through women’s cooperatives — nourish hair and skin while advancing equality, empowerment and environmental stewardship with every purchase.



18.99

Smarty pants
Organic Kids Multi
& Omegas Gummies
120 ct.



21.99

Gaia Herbs
Turmeric Supreme
60 ct.



23.99

Garden of Life
Organic Elderberry
Gummies
120 ct.



7.99

Bach
Rescue Remedy
Pastilles
35 ct., selected varieties



8.99

Booda Organics
All-in-One Daily
Moisturizer
2.3 oz.



18.99

Kal
Magnesium
Glycinate 350
160 ct.

Winter wellness and body care are at the co-op.

Some items may not be available at all stores or on the same days

feeling good
everyday

Tom's works hard to ensure that everything from our ingredients to our packaging is thoughtfully sourced, derived and developed with environmental and social considerations in mind.



3.99

Tom's of Maine
Spearmint Floss
32 yds.



5.99

Tom's of Maine
Toothpaste
4-4.5 oz., selected varieties



5.39

Tom's of Maine
Mouthwash
16 fl. oz., selected varieties



7.99

Tom's of Maine
Deodorant
3.25 oz., selected varieties



6.99

The Honey Pot
Organic
Cotton Tampons
18 ct., selected varieties



8.99

HiBAR
Shampoo or
Conditioner Bar
2.7-3.2 oz., selected
varieties



38.99

Evanhealy
Face Moisturizer
1.4 fl. oz., selected
varieties

clean home, clean conscience



Convenient disinfectant wipes that kill 99% of bacteria and viruses in one easy step — no rinse required, even on food-contact surfaces and children's toys!

6.99

Seventh Generation
Cleaning Wipes
70 ct., selected varieties



10.49

Jason
Body Wash
30 fl. oz., selected varieties

The brands you trust are at the co-op.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

- ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Food Shed Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op
Wild Onion Market

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market
Purple Porch Food Co-op

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Detroit People's Food Co-op
Grain Train Natural Foods Market
GreenTree Co-op Market
- Keweenaw Co-op Market & Deli
Marquette Food Co-op
Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Co-op
Eastside Food Cooperative
Good Earth Food Co-op
Hampden Park Co-op
Harmony Natural Foods Co-op
Just Food Co-op
Lakewinds Food Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
Spiral Food Co-op
St. Peter Food Co-op & Deli
Valley Natural Foods
Wedge Community Co-ops
Whole Foods Co-op

- NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

Natural Abundance Food Co-op
Sioux Falls Food Co+op

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Hudson Grocery Cooperative
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Whole Earth Market Co-op
Willy Street Co-op

See what's on sale with the Co+op Deals app!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

blossom and glow serum

- COOPERATIVELY OWNED
- 6 drops Lavender
12 drops Rose in Jojoba
1 oz. Organic Castor Oil
1 oz. Jojoba Oil

Directions: Add ingredients to a bottle. Replace cap and shake well.

To use: Apply over face and neck, avoiding eyes.



7.69

Aura Cacia Lavender Essential Oil .5 fl. oz.



8.99

Aura Cacia Rose Absolute in Jojoba Oil .5 fl. oz.



3.69

Aura Cacia Organic Castor Oil 4 fl. oz.



Buy One, Get One FREE

Aura Cacia Foam or Mineral Bath Packets 2.5 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.