

coop deals®

AUG 5 - AUG 18, 2026

pack and snack



The end-of-summer and back-to-school seasons are all rolled into August, making it a busy time of year. Nature's Bakery has delicious fig bars that are a perfect choice for picnics or packing into lunchboxes. The co-op has them on sale, so grab a few boxes for your pantry.

4.49

**Nature's Bakery
Snack Bars**

8.46-12 oz., selected varieties



2/\$4

C2O

Coconut Waters

17.5 fl. oz., selected varieties



2/\$5

**Epic
Meat Bars**

1.3-1.5 oz., selected
varieties



2/\$6

**Goodles
Macaroni &
Cheese**

5.25-6 oz., selected
varieties



3.99

**Zack's Mighty
Organic Tortilla
Chips**

7.5 oz., selected varieties



August deals make delicious meals.

Snack, sip, repeat!



3.39

Woodstock
Organic Ketchup
19.5-20 oz., selected varieties



2/\$7

Kettle Brand
Potato Chips
4.25-5 oz., selected varieties



4.99

Woodstock
Organic Pickles
24 oz., selected varieties

SIZZLING SUMMER SAVINGS



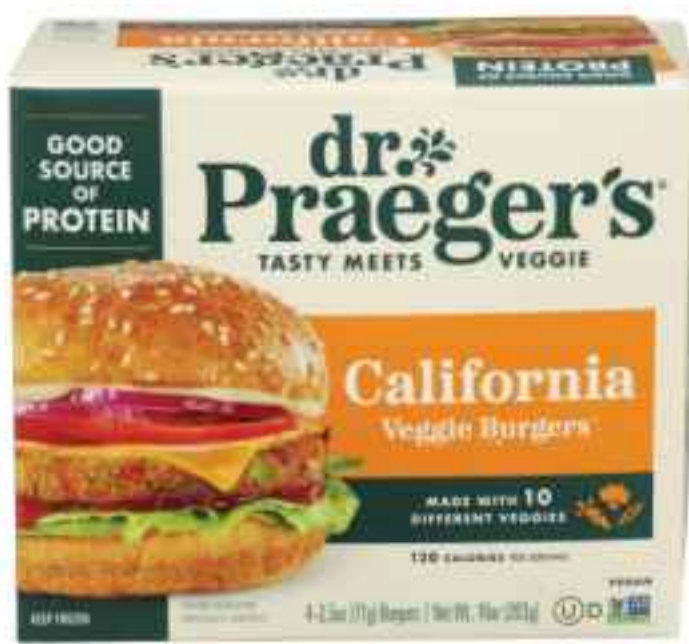
2/\$6

Santa Cruz
Organic
Lemonades or
Limeades
32 fl. oz., selected
varieties



4.49

Jolly Llama
Dairy-free Frozen
Novelties
11-14.25 fl. oz., selected
varieties



4.49

Dr. Praeger's
Veggie Burgers
10 oz., selected varieties



COOPERATIVELY OWNED

5.49

Organic Valley
Sliced Cheese
6 oz., selected varieties



5.99

Smart Chicken
Boneless Skinless
Thighs
per lb.



10.99

Thousand Hills
85/15 Greass-fed
Ground Beef
16 oz.

Find what you need for an epic BBQ.

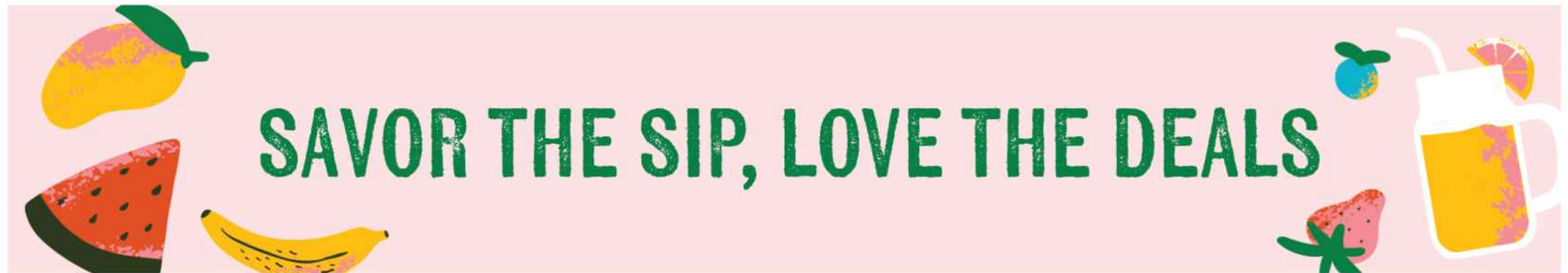
Some items may not be available at all stores or on the same days

hello,
meet IZZE



Bold fizzy fruit flavor, not static,
balancing bold teen fave flavors with
parent permissible credentials.

6.99 IZZE
Sparkling Juice Drink
6 pk.-8.4 fl. oz., selected varieties



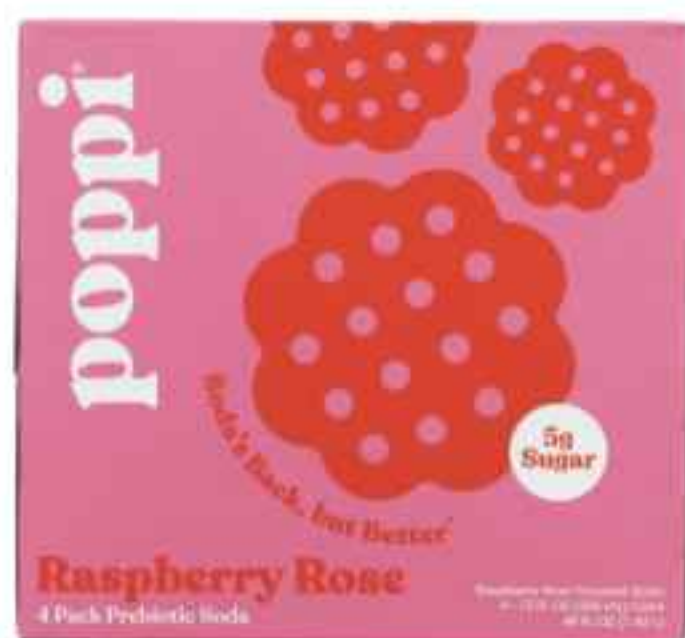
1.79
Steaz
Organic Tea
16 fl. oz., selected
varieties



2/\$4
Yachak Organic
Yerba Mates
16 fl. oz., selected
varieties



2/\$5
Odyssey
Energy Drinks
12 fl. oz., selected
varieties



7.49
Poppi
Prebiotic Soda
4 pk.-12 fl. oz.,
selected varieties

Cool drinks. Cooler prices.

deals for all meals



ON-THE-GO GOODNESS

The co-op makes mealtime nutritious and convenient with so many delicious ingredients and easy-to-make meals. Try something new and enjoy meal solutions the whole family will appreciate.



3/\$7
Evol
Burritos
5-6 oz., selected varieties



2.79
Stahlbush Island
Farms
Frozen Vegetables
10 oz., selected varieties



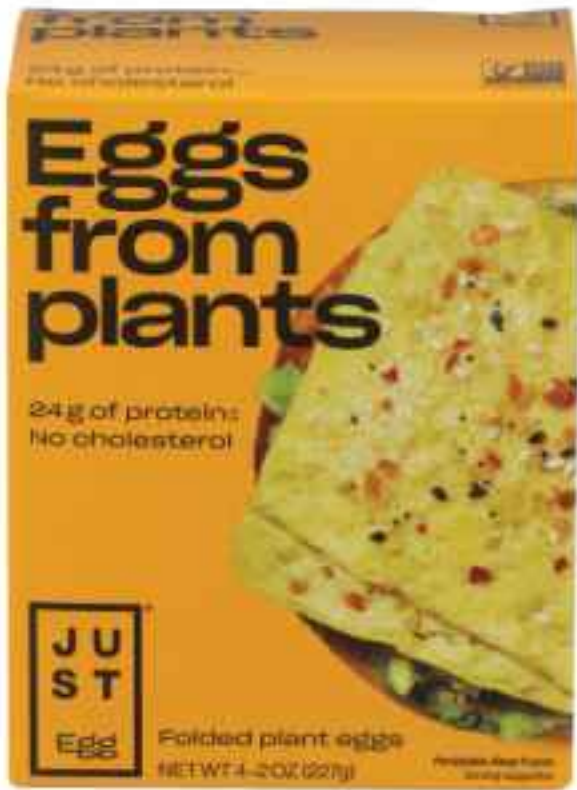
4.99
Laoban
Dumplings
6-8 oz., selected varieties

plant powered, flavor packed



Woodstock Frozen Pastas are organic and free from artificial ingredients. Packed with delicious flavor and ready in minutes — just add your favorite sauce for an easy meal everyone will enjoy!

7.99 Woodstock
Organic Frozen Pasta
20 oz., selected varieties



5.49
Just
Folded Plant-based Eggs
8 oz.



7.49
Caulipower
Frozen Pizza
10.9-11.85 oz., selected varieties

Active days require easy eats.



5.49

Sambazon
Organic Acai
Superfruit Packs
4 pk.-3.5 oz., selected
varieties



6.99

Tillamook
Ice Cream
1.5 qts., selected
varieties

COOPERATIVELY OWNED

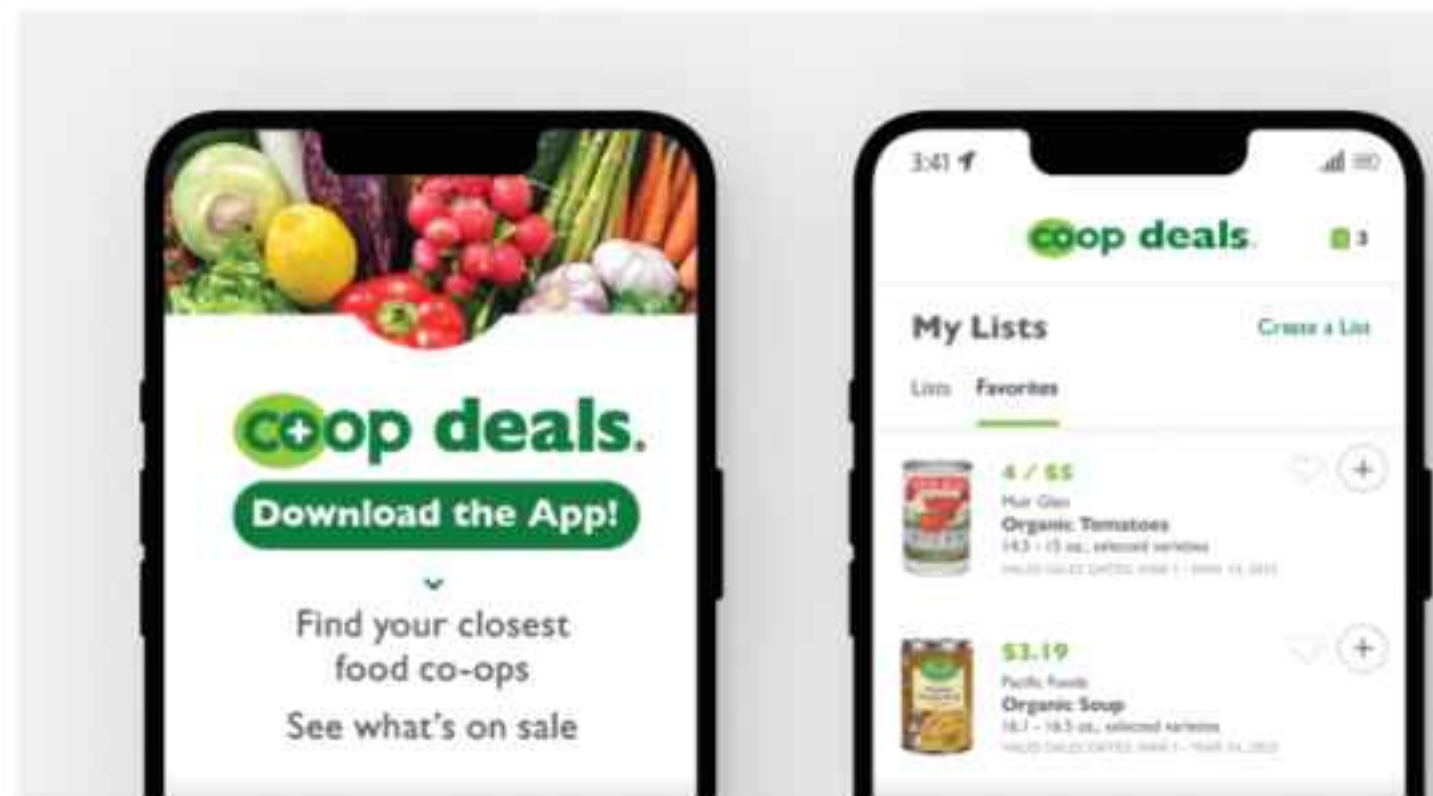


new and improved taste!

4.49

Oatly
Plant-based
Frozen Dessert
1 pt., selected varieties

Did you know ... Oatly's F.A.R.M. (Future Agriculture Renovation Movement) initiative works directly with farmers on regenerative practices. All that and a new and improved ice cream formula? Amazing.



Never miss your **favorite deals.**
Download the Co+op Deals app!



summer indulgence

Slow-crafted with uncompromising attention to detail, these frozen creations feature real ingredients sourced globally, delivering refined warm-weather indulgence with bright fruit notes and smooth, artisanal richness for moments that matter.

4.49

Talenti
Gelato or Sorbetto
1 pt., selected varieties





5.99

Cosmic Bliss
Organic Frozen Dessert
14 fl. oz., selected varieties

Summer begins and ends with ice cream.

Some items may not be available at all stores or on the same days



2.99

Nutpods
Plant-based
Creamer
11.2 fl. oz., selected
varieties

simple ingredients, 12 grams of protein



RXBAR protein snacks are made with as few ingredients as possible. Just simple ingredients from actual food you can recognize.

2/\$4

Rxbar
Protein Bars
1.8-1.9 oz., selected varieties



4.69

Birch Benders
Pancake & Waffle
Mix
14-16 oz., selected
varieties



5.49

Elmhurst
Plant-based Milk
32 fl. oz., selected
varieties



6.99

Grandy Organics
Grain-free
Coconola
9 oz., selected varieties



2/\$7

Annie's
Organic Cheesy
Smiles
4 oz., selected varieties



2/\$8

Cascadian Farm
Organic Cereals,
Granolas or
Granola Bars
7.4-14.4 oz., selected
varieties



2/\$8

Annie's
Fruit Snacks and
Grain Bars
3.3-7 oz., selected varieties



2/\$8

Annie's
Organic Bunny
Grahams or Crackers
7-7.5 oz., selected varieties

organically
delicious

Make back to school easy and delicious! Pack lunchboxes with **Annie's** snacks and start mornings with **Cascadian Farm** cereals and granolas. Wholesome, organic goodness to help them conquer each day.

Stock up now on back-to-school snacks.

Some items may not be available at all stores or on the same days



4.49

Nixie
Organic Sparkling
Water
8 pk.-12 fl. oz., selected varieties



6.49

Once Again
Organic Peanut Butter
16 oz., selected varieties



2/\$5

Near East
Side Dish Mixes
5.25-10 oz., selected
varieties



3/\$4

KOYO
Ramen Soup
Packs
2-2.1 oz., selected
varieties



2.99

San-J
Gluten-free
Tamari Soy Sauce
10 fl. oz.



5.49

Lakewood
Organic Juice
32 fl. oz., selected varieties



6.39

Bonne Maman
Fruit Curd or
Preserves
12.7-13 oz., selected
varieties



8.49

Lucini Italia
Organic Pasta
Sauce
24 oz., selected varieties



8.99

Artisana
Organic Raw
Tahini
14 oz.



17.99

Napa Valley
Naturals
Organic Extra
Virgin Olive Oil
25.4 fl. oz.

scoop up the savings in bulk!



4.49

Organic Banana
Chips
per pound in bulk



6.29

Raw Walnut
Halves & Pieces
per pound in bulk



7.69

Organic Medjool
Dates
per pound in bulk

Bulk up the pantry with deals you love.

Some items may not be available at all stores or on the same days

INCLUSIVE TRADE PARTNER

ALO Drink is an Asian-owned company. We source non-GMO aloe vera plants from sustainable farms in Thailand and provide rural communities with economic value.

2/\$4

Alo
Aloe Vera Juice
Drinks
11.2-16.9 fl. oz., selected varieties



Support Inclusive Trade

DIVERSITY IS STRENGTH

Co-ops around the country are committed to fostering diverse and inclusive communities. Look for this mark to find brands owned by people who identify as women, People of the Global Majority (Black/African American, Brown, Latino/Latine, Hispanic, Asian, Pacific Islander, Middle Eastern and North African, Indigenous Native American or mixed race), LGBTQIA+, veterans or persons with disabilities.

inclusive trade



Henry Chen, founder of ALO Drink.

ALO sources aloe vera from sustainable farms.

100% organic, 100% delicious



INCLUSIVE TRADE PARTNER

GoMacro is a woman-owned company. Our MacroBars® are organic, plant-based nutrition bars made from simple, sustainably sourced ingredients. All MacroBars are certified organic, vegan, gluten-free, kosher, non-GMO, C.L.E.A.N. and soy-free.

2/\$5

GoMacro
Organic Bars
2-2.4 oz., selected varieties

INCLUSIVE TRADE PARTNER

Seven Sundays is a woman-owned company. Inspired by muesli enjoyed on a trip in New Zealand, the desire to flip the cereal aisle on its head started with a booth at the Minneapolis Farmers Market.

6.99

Seven Sundays
Cereal
8 oz., selected varieties



Co-ops are committed to inclusive communities.

INCLUSIVE TRADE PARTNER

Painterland Sisters is a woman-owned company. We make delicious yogurt and work with partner farms to care for their land, animals and workers.



2.19 Painterland Sisters Organic Skyr
5.3 oz., selected varieties

sip to self-heal

INCLUSIVE TRADE PARTNER

Bright, refreshing and flavor-forward, SYNERGY kombucha transforms raw ingredients into 9 billion living probiotics that help you feel like the best version of yourself.

2.79

GT's Synergy Kombucha
16 fl. oz., selected varieties



Kelly Vlahakis-Hanks, CEO of ECOS.

ECOS is committed to creating safer cleaning products.

INCLUSIVE TRADE PARTNER

ECOS is a Black- and woman-owned company that believes everyone has a right to a healthy home. We create cleaning products that protect the health and wellness of people, pets and the planet.

3.99

Ecoss Dish Soap
25 fl. oz., selected varieties



INCLUSIVE TRADE PARTNER

Three Trees is an Asian-owned company with a passion for creating nutritious, plant-based beverages using the wonders of the forest to provide clean ingredients.

5.99

Three Trees Organic Plant-based Milk
28 fl. oz., selected varieties



Find our full list of Inclusive Trade partners!



Inspiring brands are at the co-op.

Some items may not be available at all stores or on the same days



2/\$3
Epic
Meat or Seafood
Strips
.8 oz., selected varieties



2/\$4
Gimme
Organic Seaweed
Snacks
.32-.35 oz., selected
varieties



go further

Handcrafted in small batches and slow cooked in a real Vermont smokehouse, this stick delivers bold flavor and quick protein for on-the-go energy.

1.79

**Vermont Smoke & Cure
Meat Stick**
1 oz., selected varieties



2.29
Harvest Snaps
Snacks
2.5-3.3 oz., selected
varieties



4.49
Que Pasa
Organic Tortilla
Chips
7.5 oz., selected
varieties



*lunchbox
level-up*

From early mornings to after-school activities, snack time just got an upgrade. Made with thoughtfully chosen ingredients and crafted with care, these favorites are ready to keep up with every part of your back-to-school routine.



4.49
Simple Mills
Soft-baked Bars
5 pk.-1.19 oz., selected varieties



4.49
Simple Mills
Cookies or Crackers
4-5.5 oz., selected varieties



5.49
Simple Mills
Sandwich Cookies
6.7 oz., selected varieties

Snack options for everyone.

Some items may not be available at all stores or on the same days

*tastes like
good times!*

Back to Nature —
bringing sunshine to snack
time since 1960. Remaking
America’s favorite snacks
with honest-to-goodness
ingredients. Simple joys, no
regrets, happy days.



2/\$7 Back to Nature
Crackers
3.2-6.5 oz., selected varieties



3.69
Food Should Taste
Good
Tortilla Chips
5.5 oz., selected varieties



COOPERATIVELY OWNED
4.29
Equal Exchange
Organic
Chocolate Bar
2.8-3.5 oz., selected
varieties



4.49
SkinnyDipped
Snacks
3.5-4 oz., selected
varieties



5.39
Loacker
Wafer Cookies
4.23-8.82 oz., selected
varieties



enhance any moment

San Pellegrino guides you to unique
taste experiences. An experience that
begins with fine food and ventures far
beyond. With its incomparable sense
of taste and Italianity, San Pellegrino is
able to enhance any moment.



4.79
Quinn
Filled Pretzels
5-7 oz., selected varieties

5.49
San Pellegrino
Italian Sparkling Drink
6 pk.-11.15 fl. oz., selected varieties

Little treats. Big savings.

Some items may not be available at all stores or on the same days



2/\$5
Noosa
Yoghurts
8 oz., selected varieties

joy in every spoonful

Since 1973, we've been perfecting our cream top yogurt, so every cup is a taste of rich, creamy deliciousness.



4.39
Upton's Naturals
Seitan
8 oz., selected varieties

3.99
Brown Cow
Cream Top Yogurt
32 oz., selected varieties



Upgrade your yogurt bowl with ingredients from the co-op.
Creamy, rich, delicious.



4/\$5
Chobani
Greek Yogurts
5.3 oz., selected varieties



4.49
Mt Vikos
Organic Feta
Cheese
6 oz.



COOPERATIVELY OWNED

5.49
Organic Valley
Large Free-range Brown Eggs
1 doz.



5.99
Maple Hill
Organic Grass-fed
Kefir
32 oz., selected varieties

Begin your days with deals from the co-op.

Some items may not be available at all stores or on the same days



2/\$5
Perfect Bar
Protein Bars
1.94-2.5 oz., selected varieties



1.79
Mush
Overnight Oats
5 oz., selected varieties



2/\$4
Mid-Day Squares
Functional
Chocolate Bars
1.16 oz., selected varieties



2/\$7
Koia
Plant-based
Protein Drinks
12 fl. oz., selected varieties



2/\$7
Planet Oat
Oatmilk
52 fl. oz., selected varieties



4.99
Follow Your Heart
Vegenaise
12-14 fl. oz., selected varieties



5.99
Bizzy
Organic Cold
Brew Coffee
48 fl. oz., selected varieties



6.49
Health-Ade
Organic
Kombucha
48 fl. oz., selected varieties

drink the good stuff

Dreamy, creamy and lightly sweet — Stumptown Cold Brew plus Oatly oatmilk is a moment of sippable delight. Entirely plant-based and entirely delicious.



3.79

Stumptown Coffee Roasters
Cold Brew Coffee
10.5-11 fl. oz., selected varieties

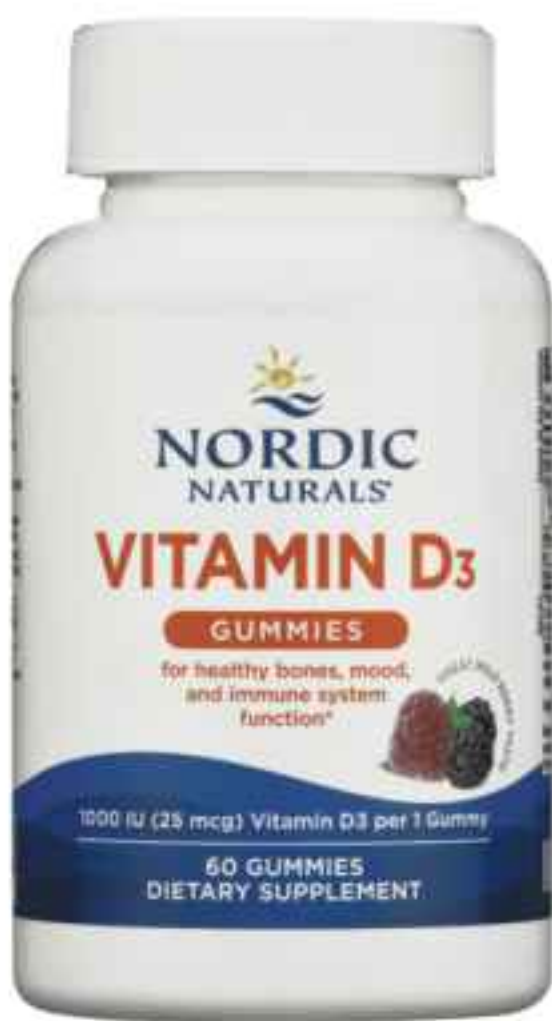


2/\$8

Evolution Fresh
Organic Juices or
Smoothies
15.2 fl. oz., selected varieties

Time to restock the fridge!

Some items may not be available at all stores or on the same days



10.99
Nordic Naturals
Vitamin D3 Gummies
60 ct.



21.99
Barlean's
Organic
Flax Oil
16 fl. oz.,
selected
varieties



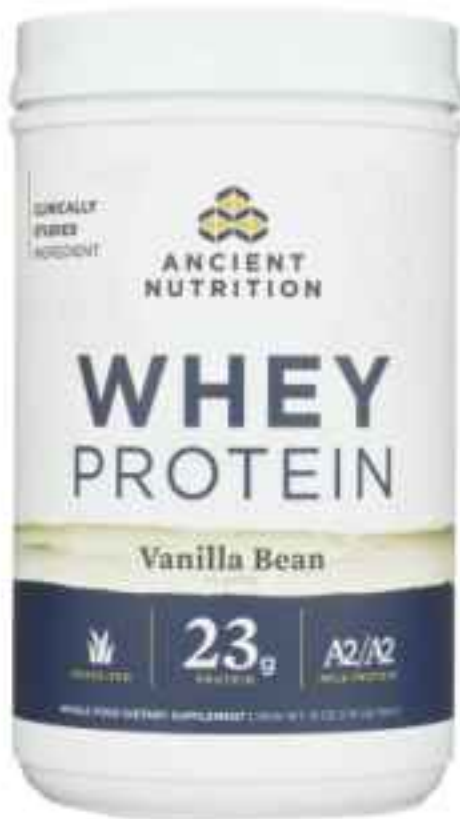
21.99
Gaia Herbs
Extra Strength
Turmeric Supreme
60 ct.



24.99
Whole Earth & Sea
Men's or Women's
Multivitamin &
Mineral
60 ct., selected varieties



37.99
Vital Proteins
Unflavored
Collagen Peptides
20 oz.



39.99
Ancient Nutrition
Whey Protein
Powder
21-22.8 oz., selected
varieties

sheer mineral sun protection

Alba Botanica Mineral SPF Sunscreen delivers powerful UV protection and lasting hydration in hypoallergenic, mineral-based formulas. Dermatologists tested, enjoy lightweight, fragrance-free, water-resistant and non-comedogenic sun protection benefits.

10.99

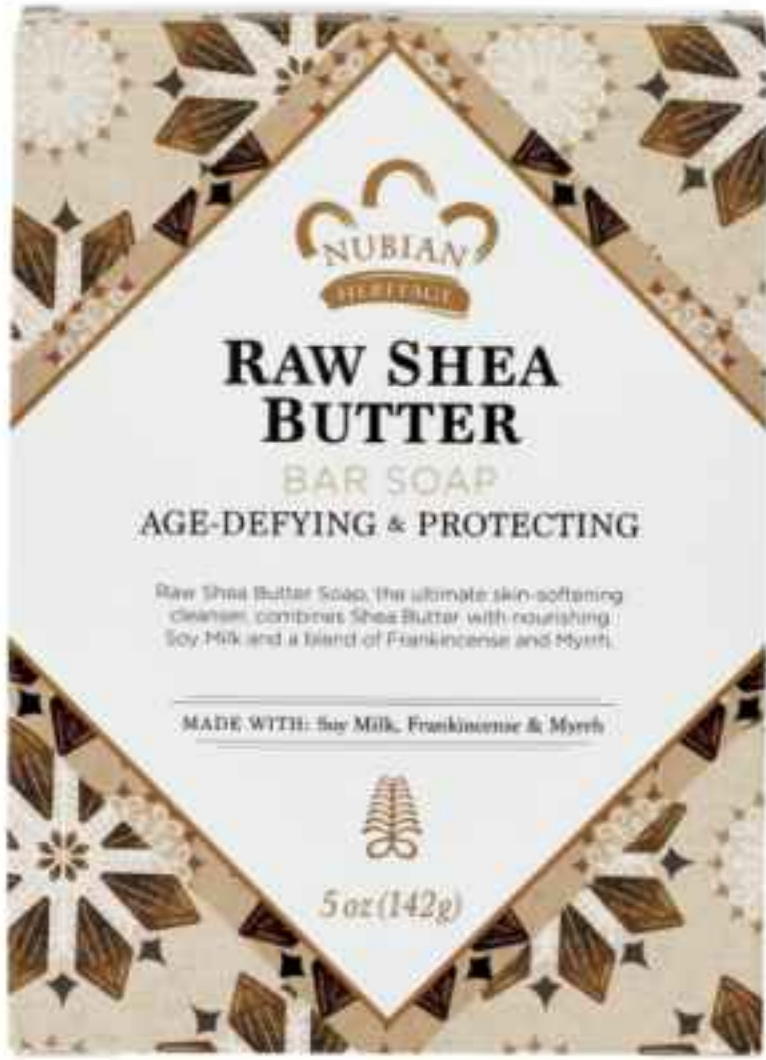
Alba Botanica
SPF 30 or 50 Sheer Mineral Sunscreen Lotion
3 fl. oz.



36.99
Orgain
Organic Plant-based
Protein Powder
25.3-32.4 oz., selected varieties

Summer savings on wellness and body care.

Some items may not be available at all stores or on the same days



4.99
Nubian Heritage
Bar Soap
5 oz., selected varieties



2.49
Caboo
Facial Tissue
60 ct., selected varieties



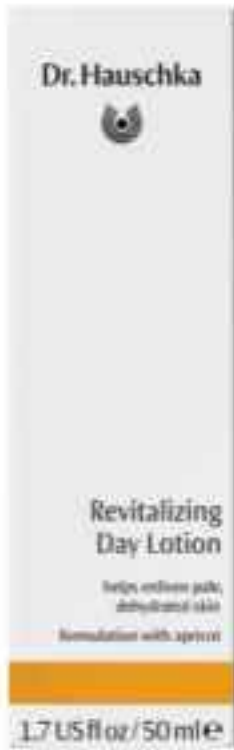
4.99
Crystal
Unscented
Mineral
Deodorant Stick
4.25 oz.



9.99
Green Forest
Bathroom Tissue
12 ct.



17.99
Andalou Naturals
Natuurs Hyaluronic
DMAE Lift & Firm
Cream
1.7 fl. oz.



22.99
Dr. Hauschka
Revitalizing Day
Lotion
1.7 fl. oz.

3X concentrated formula



Biokleen uses plant-derived cleaning agents to eliminate tough stains and odors. Our ultra-concentrated formula has no artificial fragrances, dyes, phosphates, chlorine, ammonia or brighteners. Never tested on animals and EPA Safer Choice Certified.

12.99
Biokleen
Liquid Laundry Detergent
64 fl. oz., selected varieties



10.39
Jason
Body Wash
30 fl. oz., selected varieties

Save more with deals throughout the co-op.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Food Shed Co-op
Green Top Grocery
Neighborhood Co-op Grocery
Sugar Beet Food Co-op
Wild Onion Market

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market
Purple Porch Food Co-op

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Detroit People's Food Co-op
Grain Train Natural Foods Market
GreenTree Co-op Market

Keweenaw Co-op Market & Deli
Marquette Food Co-op
Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Co-op
Eastside Food Cooperative
Good Earth Food Co-op
Hampden Park Co-op
Harmony Natural Foods Co-op
Just Food Co-op
Lakewinds Food Co-op
Natural Harvest Food Co-op
People's Food Co-op – Rochester
Rivers Cooperative Markets
Seward Community Co-op
Spiral Food Co-op
St. Peter Food Co-op & Deli
Valley Natural Foods
Wedge Community Co-ops
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

Natural Abundance Food Co-op
Sioux Falls Food Co+op

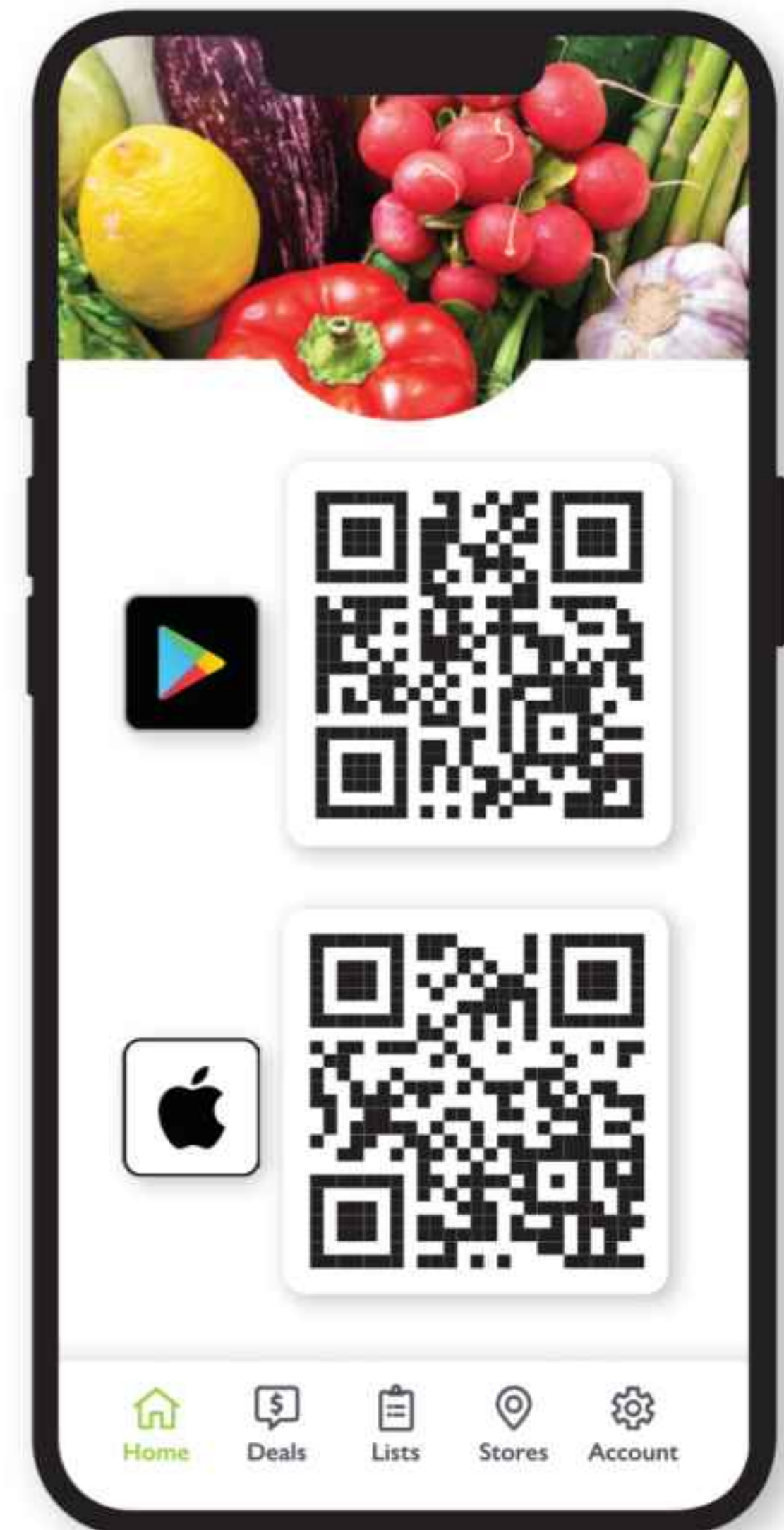
WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Hudson Grocery Cooperative
Menomonie Market Food Co-op
Oshkosh Food Co-op
Outpost Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Whole Earth Market Co-op
Willy Street Co-op

See what's on sale with
the Co+op Deals app!

coop deals.

Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

refill!
refill!

Dr. Bronner's Magic Soap
Refill Carton is the same great soap — with a rich lather and clean rinse, now in an 86% less plastic carton than our 32 oz. recycled bottles! Made with Regenerative Organic Certified® oils. Mindful care for body and planet!



10.99

Dr. Bronner's
Magic Soap Refill
32 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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