Seward COMMUNITY CO-OP

Featured Store Specials

FROM 5/4/22 THROUGH 5/17/22

Specials are subject to availability and may not be available for all flyer dates.

Community Foods
Values Every Day

Bar Soap
$3.99
REG $5.99

Seward Soap
LOCAL | SMALL-SCALE

John Hanson, a longtime Seward neighborhood resident, began making soap after taking a class at the Friends Quaker School in St. Paul. As his soap grew in popularity amongst friends and family, he realized there may be a business within this hobby. He first began selling to Seward Co-op and has now expanded his business to 13 stores locally.

$1.99/ea
REG $2.29
Organic Small Haas Avocado — MEXICO

$7.49
REG $8.99
Plain or Caraway Dill Sauerkraut – 16 oz. — FIERCE FERMENTS

$12.99/lb
REG $14.99
Skirt Steak — PETERSON

$5.99/ea
REG $7.49
Organic Strawberries – 16 oz. MEXICO

$5.49
REG $6.49
Organic Fruit Pops – 13.5 fl. oz. — DEEBEE'S ORGANICS

$10.99/ea
REG $12.99
Chorizo Chub – 6 oz. — OLLI

$9.99/ea
REG $13.49
Organic Coffee – 12 oz. — PEACE COFFEE

20% Off
All Cosmetics — GABRIEL

$9.99/lb
REG $11.99
Queso Fresco — COCINA SELECTA

Franklin store — 2823 E. Franklin Ave.
Friendship store — 317 E. 38th St. | Minneapolis

MINNESOTA WIC | SNAP | Nourish simple healthy eating

Open 8 a.m. to 10 p.m. daily